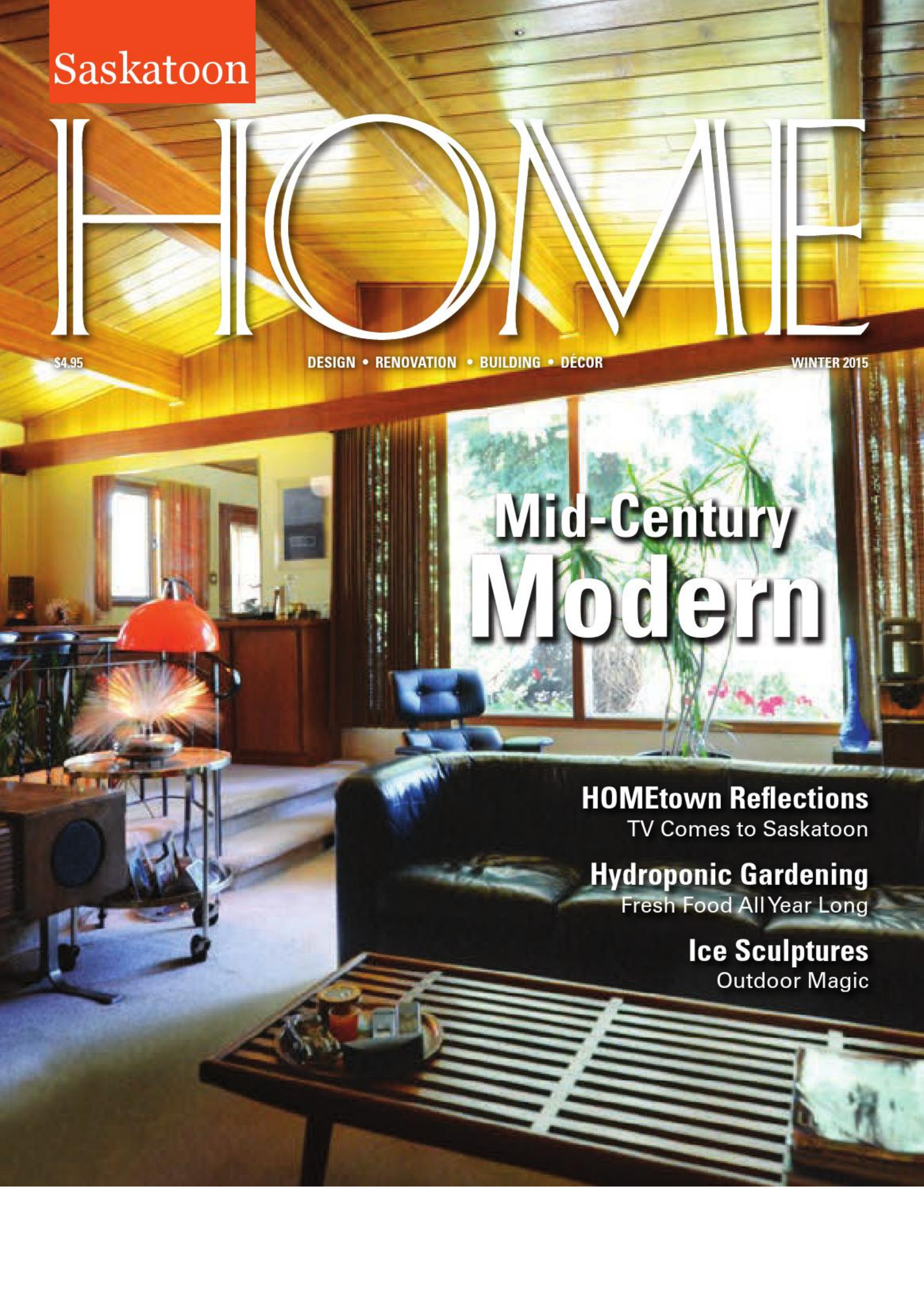




Saskatoon

HOME

\$4.95

DESIGN • RENOVATION • BUILDING • DÉCOR

WINTER 2015

Mid-Century Modern

HOMEtown Reflections

TV Comes to Saskatoon

Hydroponic Gardening

Fresh Food All Year Long

Ice Sculptures

Outdoor Magic

HunterDouglas *Gallery*



BRAID
Flooring & Window Fashions



#1-2301 Millar Avenue
Saskatoon, SK Ph: 306-244-1973
www.braidflooring.com

INSIDE OUR HOME

- 6 Our Reader Panel**
Telling us what you want to read.
- 8 Command Centres**
Finding order in the chaos.
- 10 Mid-Century Modern**
Timeless, easy glamour sets stage for movie shoot.
- 21 A Guide to Reupholstering**
From old to new again.
- 26 Ice Sculptures**
Outdoor magic.
- 33 Inspirational Décor**
Bringing in the wow factor.
- 41 Surviving a Second Storey Addition**
An oasis of vertical space.
- 47 Hydroponic Gardening**
Fresh food in your home all year long.
- 52 HOME Food:**
Curry from scratch.
- 56 HOMEtown Reflections**
TV comes to Saskatoon.
- 63 Colour 101**
How to pick the perfect paint colour.



Photo: Heather Fritz

Cover: Wes Fyck's home is a Mid-Century Modern time capsule that producer Travis Neufeld fell in love with as the set for his new movie. Photo: Heather Fritz

HOME Front



We just can't keep our hands to ourselves. Sure, this time of year they might be hidden inside mittens, but we Saskatonians are a resourceful bunch.

Welcome to our issue all about that creativity! Meet Peter Fogarty, the ice sculptor extraordinaire behind the breathtaking Wintershines and Frosted Gardens ice exhibits. Peter gives us some insider tips on how to create our own frozen fireworks at home (pg. 26).

Local filmmaker Travis Neufeld is making a new movie, and Wes Fyck's fabulous Mid-Century Modern home, a veritable time capsule of 1950s and 60s design, is the backdrop and our cover story. It's a bit like a *Mad Men* set, and a dash of *The Brady Bunch* with a touch of *The Jetsons* futuristic flair (pg. 10).

Speaking of TV, would you believe there was a time when Saskatoon had NOTV? Our historian Jeff O'Brien works out what humans did to amuse and inform themselves before this broadcast medium came to our town (pg. 56).

Things started looking up, literally, for multimedia artist Monique Martin when her 20-year-old dream for a home studio came true. See how her second storey design leaves no greater footprint on their mature Brevoort Park yard, but adds all sorts of inspirational creative space (pg. 41).

After 30 years working at a chemical plant, Bernie Baril got a hankering to try

his hand at something new. He took an upholstery class at a nearby high school, and for the past 40 years, Bernie has turned out beautifully reupholstered furniture and treasured antiques. He gives our readers some tips and tricks (pg. 21).

Our resident foodie Craig Silliphant is here with Pakistan-born Tehmina Maryam. She shares the secrets to a robust yet fragrant spicy concoction to warm you up on a cold winter's day. Look up 'awesome sauce' in the dictionary; you'll find a picture of Tehmina and Craig, eating a bowl of her curry (pg. 52).

Talk about tasty creations, when summer tomatoes are a dim sweet memory in January, how about growing your own indoors? We give you the basics on hydroponic gardening (pg. 47).

So pull off those mittens, grab yourself a mug of hot chocolate (or a bowl of spicy curry) and enjoy these and many more stories.

From our HOME, to your home: Stay cozy!

AMANDA SOULODRE
OWNER & PUBLISHER

Connect with us:

www.saskatoon-home.ca

 www.facebook.com/saskatoon.home

 @HOMEmagazineSK



HOME

SASKATOON

Issue 32, Winter 2015

ISSN 1916-2324

info@saskatoon-home.ca

Publishers

Amanda Soulodre

Rob Soulodre

Editor

Karin Melberg Schwier

Photographers

Craig Silliphant

Heather Fritz

Lillian Lane

Karin Melberg Schwier

Travis Neufeld

Trint Thomas

Production and Design

OneOliveDesign

Writers

Ashleigh Mattern

Craig Silliphant

Jeff O'Brien

Julie Barnes

Karin Melberg Schwier

Lillian Lane

Saskatoon HOME is published by:
Farmhouse Communications

607 Waters Crescent,
Saskatoon SK S7W 0A4

Telephone: 306-373-1833

Fax: 306-979-8955

www.saskatoon-home.ca

FARMHOUSE
communications

No part of this publication may be copied or reprinted without the written consent of the publisher.

Publications Mail Agreement
41856031

Proud member of:



Happy Holidays

Power of Teamwork Bringing Results



Charmaine Morris
306.270.7172

Reagan Baliski
306.290.7377

Ron Baliski
306.221.0421

Dan Bader
306.371.7760

Clark Dziadyk
306.227.2036

#1 TEAM RE/MAX SASKATOON



WWW.SASKATOONASSOCIATES.COM

Thank You To Our Winter Issue Reader Panel



Collin Willms, PFP

*Advisor,
Aurora Financial Solutions Inc.*



Jackie Martin, B.Sc., M.A.

*Vice President,
Viking Innovations Ltd.*



Lynn Brown

*Site Services Coordinator,
Akzo Nobel Chemicals Ltd.*



Murray Cressman

*Owner,
Majestic Cabinets*



Sherri Hrycay

*Owner,
Sova Design*



Susan Burton

*HR Communications Manager,
Innovation Place*

How the Reader Panel Works

#1

The publisher sends each panel member a number of story ideas.

#2

Each panel member rates the ideas from most interesting to least interesting.

#3

The answers from all six panel members are cross referenced.

#4

The highest rated stories are selected, and our writers and photographers are then assigned to bring those stories to life.

#5

For each issue, a new panel of 6 volunteers is selected.

Interested in being on a future panel? Email: amanda@saskatoon-home.ca with 'Reader Panel' in the subject line.

Experience the Homes by Dream Difference.

Building Better Communities.

homes  by dream

SOUTH KENSINGTON

Condos from the **\$180's**

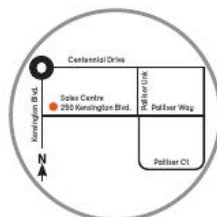
Towns from the **\$320's**

Single Family Homes from the mid **\$300's**

Condos and Towns - Live Free For One Year!*

WE PAY:
Property Taxes, Interest on Mortgage, Condo Fees*

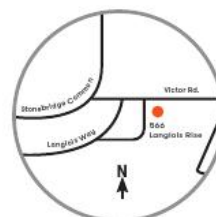
southkensington.ca



250 Kensington Blvd.

STONEBRIDGE

Single Family, Move in Ready from the mid **\$300's**



566 Langlois Rise

the residences at STONEBRIDGE

Condos from the **\$180's**



1015 Stonebridge Common

Sales Centre Hours:

Monday - Thursday 2pm - 9pm
Closed Fridays
Saturday, Sunday & Holidays 12pm - 6pm

250 Kensington Blvd.
566 Langlois Rise
1015 Stonebridge Common

*Unlimited time offer on select inventory. Limited quantity available. Further conditions may apply, which shall be set out in writing at the time of purchase. Promotions and specifications are subject to change without notice, and may vary by model, floor/location, or site. Some exceptions may apply. See a sales representative for details. Renderings are artist's concept. Brokers Protected E.S.O.E.

306.374.6100
homesbydream.ca

homes  by dream



 **ASHLEIGH MATTERN**

COMMAND CENTRES

Finding Order in the Chaos

No matter what your family set-up looks like, from a single person with no children, a busy household with kids, to empty nesters, paperwork of all sorts needs to be managed.

Even the most technically proficient organizers will find that some paperwork is unavoidable. And there's still the problem of organizing keys, chargers and pens.

A command centre can solve

these organizational woes. It is a place in the house where all of the important items can be kept in one place. What your command centre will ultimately look like is up to you as you fine tune the system specifically for your situation.

"That's the beauty of a command centre. There are no set rules," says Marcia Berg, owner of Simply Organized. "The goal is to create a system

that works for you. It doesn't have to work for Sally next door, or Jane across the street."

We all have forms to sign, appointments to make, bills to pay and invitations to respond to. Having a system in place makes those tasks easier to accomplish. Having a specific place to do these chores helps keep order.

"We need to have a space in our home that allows us to do

what we need to do every day."

The supplies are the same whether you're old or young, a parent or child-free. But different strategies can be applied for specific situations. As a professional organizer, Marcia helps people figure out what works for them through her company and shares some of her ideas with Saskatoon HOME. 

Ashleigh Mattern

COMMAND CENTRE SUPPLIES

- Bulletin board
- White board (or white board peelables as seen on far left photo)
- Large monthly paper calendar
- Framed prints of your organizational goals, monthly or yearly
- Each family member's weekly cleaning schedule
- Sturdy hanging file folders that mount directly to the wall
- A small drawer organizer for often used items like pens, markers, tape, chargers, tacks, etc.
- Binders for budgets, magazine clippings, do-it-yourself articles, recipes, etc.
- Hooks in a variety of sizes

IDEAS FOR YOUNG FAMILIES

- Use a whiteboard to create and update weekly 'to do' lists.
- Have children empty their backpacks into a drop basket so you can sort through and file papers.
- Include hooks for coats, hats and backpacks at the 3-4 foot height mark.
- Give kids a visual reminder to organize on their own, giving them a sense of responsibility.
- Colour-code a large paper calendar by family member to track commitments.
- Use a smaller whiteboard to list daily reminders, to dos, or child-specific chores.

AS THEY GROW

- Online applications like Hub, WhatsApp, Cozi and AboutOne can help keep schedules straight, linking the family together.
- Maintain a central zone for keys, chargers, electronics and file folders.
- Keep loaded gift cards on hand for groceries and gas.
- A colour-coded paper calendar is still useful for events, birthdays, breaks, big assignments, etc.
- The key for this age group is to communicate—whether that is online or offline.

EMPTY NESTERS

- Learn to use texts, Facebook, Skype, or FaceTime to stay involved with younger families.
- Have a filing system for tax papers, receipts, medical information and travel documents.
- Try moving bills online to streamline the amount of paper to be dealt with.
- Writing notes for reminders and to-dos is still a great way to organize.
- A paper calendar or cork board provides visual cues to organize commitments.
- An organized basket or tray for things like glasses, keys and address books is very valuable.

Locally Owned & Custom
Designed with you in mind.



Saskatchewan's distributor of MURPHY WALL BEDS

511-45th Street E. Saskatoon 306-934-0660

www.majesticcabinets.ca



MID-CENTURY MODERN

Timeless, Easy Glamour Sets Stage for Movie Shoot



As a young boy in Calder, Saskatchewan, Wes Fyck knew he wanted to one day live in “a cool house with cool furniture.” He didn’t realize it then, but what so captivated Wes was the Mid-Century

Modern aesthetic in architecture, furniture and decor, a mid-20th Century design style. To Wes, such a house, like the home of his aunt and uncle, and appointments like sleek teak cabinetry, expan-

sive windows, shag carpets, even a silver Christmas tree with a light wheel, was simply “so cool.”

‘Contemporary’ was a popular style from about 1935 to 1965, and the term MCM was

coined later. Wartime advancements in metal, concrete, glass and wood gave architects and builders exciting new challenges. People wanted different, exciting and even futuristic.



 **KARIN MELBERG SCHWIER**

 **HEATHER FRITZ**

Wes was thrilled when his realtor finally found what he'd been searching for in Saskatoon. The general contractor of Rainbow Homes built the bungalow in 1961 for himself. Wes bought from an elderly

couple in 2006, the second owners, who lived there for over 40 years. It was a pristine time capsule, and he's barely changed a thing. His own MCM furniture and collectibles "fit like it was meant to be." ➤

STAINLESS STEEL

Custom to Your Space



OFFERING CUSTOM GLASSWORK



TK

T E X K L A S S E N
SALES & METAL FABRICATION
GLASS WORKS

Come visit us at our new location!
Bay 1 - 3935 Burron Avenue

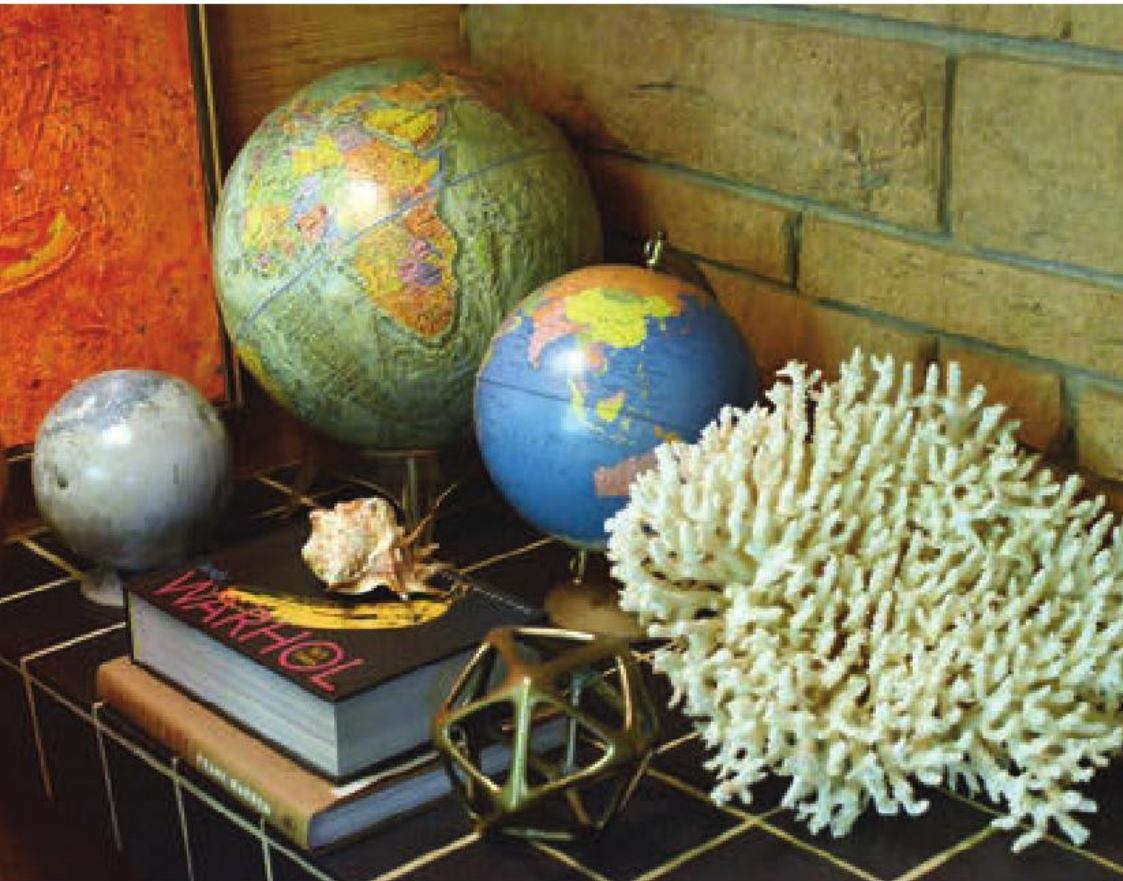
Ph: (306) 934-7600

For ideas and inspiration visit www.texprojects.com
sales@texklassen.com



Open floor plans and large windows for optimal natural light often characterize MCM.





Stylish Simplicity

The low lying design featured groundbreaking post and beam construction, flat planes, open floor plans, glass walls and large windows to integrate the indoor spaces with the outdoors. For media buffs, vintage TV shows like *Family Affair* (1966-71) and *The Brady Bunch* (1969-74) were classic interior and exterior MCM. A more recent popular media reference is the AMC series, *Mad Men*. MCM is the epitome of easy glamour and the sleek and sophisticated lifestyle of the 1950s.

"I've been a creative director in advertising for years. I've always been attracted to good design regardless of the era. MCM architecture and furniture design is so simple yet beautiful. But I've never seen *Mad Men*," laughs Wes. "People come into my home and say, 'Oh, look at the hipster!'" ➤

THANK YOU
FOR A GREAT FIRST YEAR!



ACCOUNTING
TAX
ASSURANCE
VALUATION
ADVISORY

Ashley Buckberger CPA CA CFA
Terry Baerg CPA CA
Kathryn Bankowski CPA CA
Jennifer Funk CPA CA
Tyler Kachur CPA CA
Alan Koop CPA CA
Paul Pastor CPA CA CBV
Jeff Persic CPA CA CFE



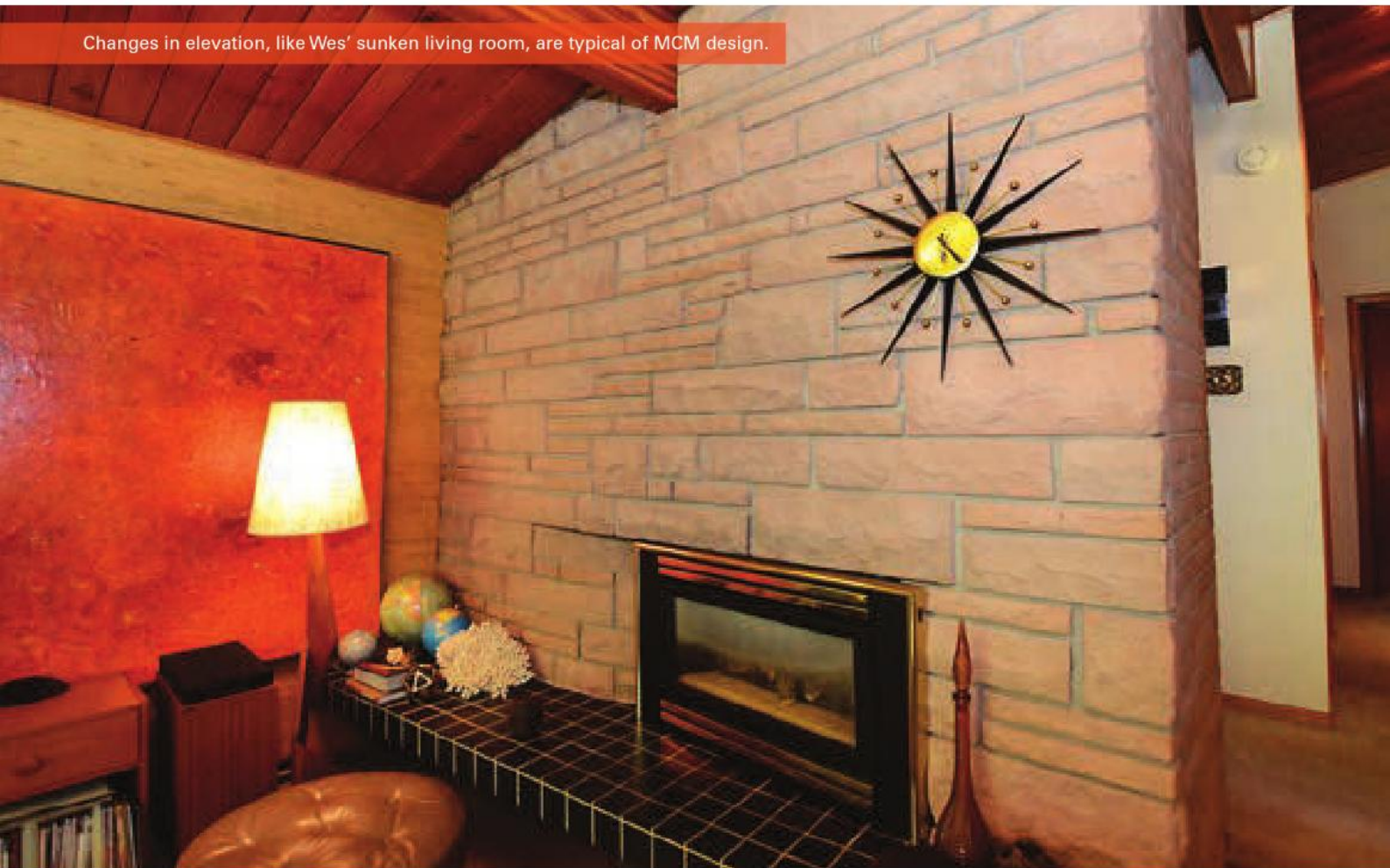
BUCKBERGER BAERG
— & PARTNERS LLP —
CHARTERED PROFESSIONAL ACCOUNTANTS

bbllp.ca

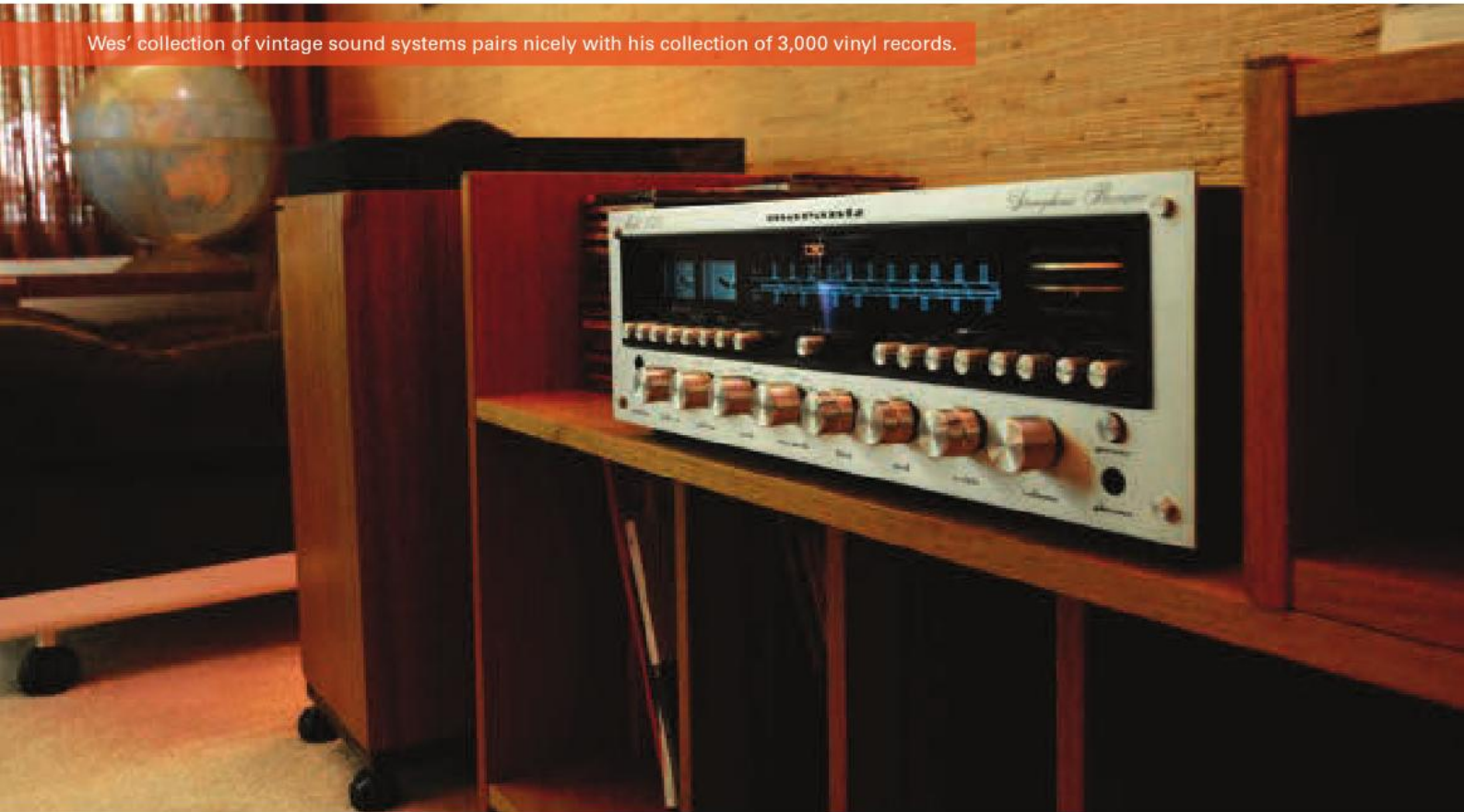
101 - 1132 COLLEGE DRIVE
SASKATOON SK S7N 0W2

306-657-8999
info@bbllp.ca

Changes in elevation, like Wes' sunken living room, are typical of MCM design.



Wes' collection of vintage sound systems pairs nicely with his collection of 3,000 vinyl records.



but I've been living like this for 30 years!"

Collecting MCM

Despite never having seen the show, Wes' furniture, shag rugs and décor items would be right at home in a *Mad Men* episode. Sound systems built into teak cabinetry, "futuristic" adaptations like an easy chair with built-in speakers allow Wes to enjoy his collection of over 3,000 vinyl records.

Wes has been consumed—one might say obsessed—with finding perfect pieces. A friend has a vintage Project G stereo made by the Canadian company Clairtone. "That would be a great find. It drives me crazy that he has one! But I have my Electrohome Circa 701, also a Canadian company; it has a rolltop. Very futuristic."

Stereos weren't the only coveted 'must haves' in the 1950s and 60s. "The consump-

tion and display of alcohol was a big feature of furniture design, too," Wes says. "I have a number of bar cabinets with built in mini fridges that are quite beautiful. They are discreet cabinets that could be opened up with some ceremony and volia! The bar's open!"

He's steeped himself in MCM enough to spot the real thing from a knockoff, which is never as comfortable as the original. Wes' furniture is a blend of vintage and newer classics from B&B Italia and Zanotta, but he occasionally deviates. One would bet that his Eames chair in his living room is the real thing, but it's a 60s Plycraft tribute.

Made to Last

Wes fondly refers to his home as "such a great survivor." He's considering some minor renovations, ➤

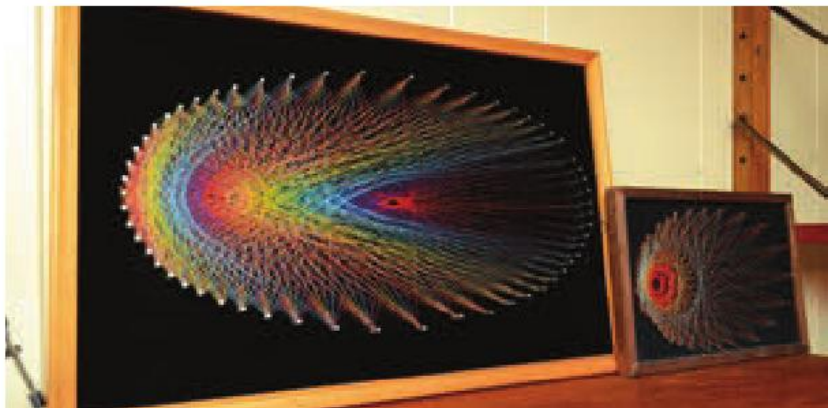
**MCMILLAN
WORKS**
CONTRACTING

FINE HOME BUILDING & RENOVATION

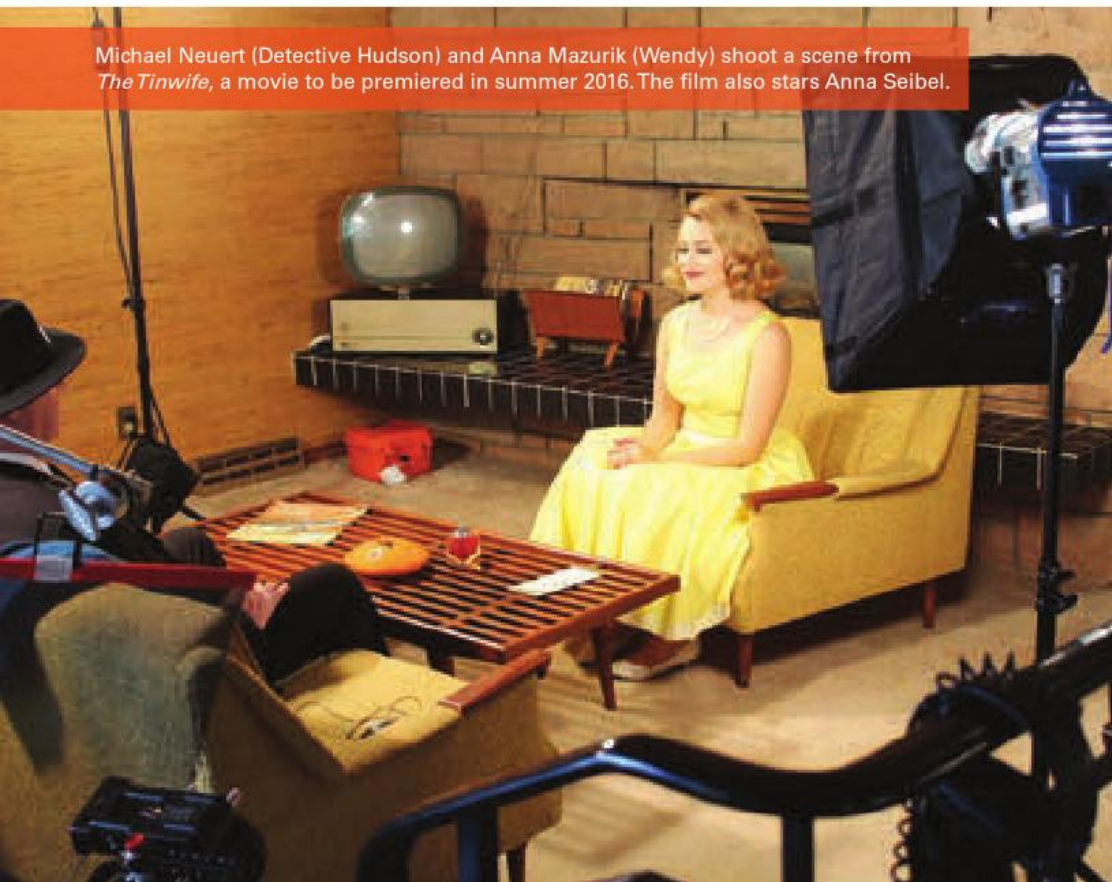
- Energy efficient builds
- Residential • Commerical
- Additions • Renovations
- Custom design
- Basement development

(306) 241-2861

www.mcmillanworks.com



Michael Neuert (Detective Hudson) and Anna Mazurik (Wendy) shoot a scene from *The Tinwife*, a movie to be premiered in summer 2016. The film also stars Anna Seibel.



ON LOCATION

This fall, Wes' home was the location shoot for a short film set in the 1950s. *The Tinwife* is a retro science-fiction short film based on Travis Neufeld's award-winning screenplay. The film is set in an alternate future inspired by the futuristic predictions of many artists, illustrators, architects and science fiction authors of the 1950s. "When I first saw Wes's house, I knew immediately that I could finally make my film," says Travis, producer/director. "I searched for a location that was not only true to the 1950s, but also something with a unique, bold Mid-Century Modern personality. Wes' house is truly a marvel. I can't wait to feature it in the film."

Photo: Travis Neufeld

like kitchen countertops, and the bathroom downstairs needs an update. He's also keeping an eye out for a replacement aquamarine toilet to match the original upstairs tub and vanity.

"Anything I do would be in keeping with the style," says Wes. "It is possible to modernize without destroying the character or authenticity. In the 1950s and 60s, there were consumer disposable items we were encouraged to buy, like a new blender, a waffle iron, a toaster. But on a larger level—your house, furniture, car—were built to last. Today, unless you insist on exceptional quality and pay for it, things tend to fall apart. It's not only the design but the durability of MCM I appreciate."



Wes' own MCM-influenced décor and furniture fit so well in the 1961-built house, "it was like it was meant to be."

ethos
SALON . SPA . BARBER
at: SCOTIA CENTRE

Salon . Spa . Barber
A sanctuary to experience tranquility,
harmony and the creativity
of fashion-forward hair artistry.

AVEDA

306.653.8467 info@ethossalonspa.ca www.ethossalonspa.ca & www.ethosbarber.ca



MID-CENTURY MODERN BORN OF GERMAN ARCHITECTURE

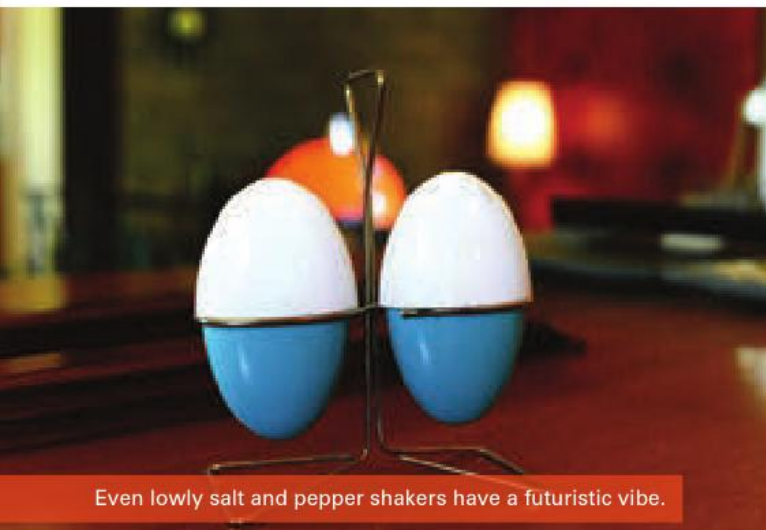
It's the favourite style of Saskatoon architect Heney Klypak. "It's a style that came out of the modern architecture movement that began in Germany during the Nazi era," says Heney. "Visionaries like Walter Gropius, Marcel Breuer, Ludwig Mies van der Rohe, all fled Germany. They were the pioneers of Modernist movement in North America. They were the who's who of the architecture world."

The simple, clean lines, flat planes, open spaces and horizontal forms appealed to people like Frank Lloyd Wright, who developed his famous prairie style in keeping with the horizontal landscape and encouraged the connection to the outdoors. Graduate of the Bauhaus Design School, German architect Richard Neutra made California, and Palm Springs in particular, the "MCM capital of North America. The style encourages an appreciation of nature by bringing the outside in and the inside out," says Heney.

Hallmarks of MCM:

- Flat planes, very horizontal roof, some with vaulted ceilings.
- Open concept floor plan and functional living spaces.
- Large windows with expansive glass panes, very few mullions, butt glazed so no breaks in view or natural light.
- Indoor-outdoor living spaces.
- Integration with nature with outdoor views to encourage appreciation of nature.
- Cantilevered overhangs for shade.
- Changes in elevation. Split-level spaces like sunken living rooms change character of the space.
- Defined space but open areas (above cabinets or wall).
- Low, sleek and simple furniture design compliments the architecture.
- Post and beam construction.

(Heney and Gwen Klypak's home near Wanuskewin was the subject of a three-part Saskatoon HOME article in 2011 and its stunning façade graced the cover of the fall issue that year. Visit www.saskatoon-home.ca/read-online.)



Even lowly salt and pepper shakers have a futuristic vibe.

A Wider Appreciation

Wes plans to launch an MCM appreciation society so homeowners can learn more about the origins of the design. Examples of MCM homes and commercial buildings that retain the unique architectural style exist in Nutana, Richmond Heights and Grosvenor Park areas. He'd like to contact owners, arrange educational events—like how to upgrade

without destroying character—and organize home tours, all to honour a design style “with timeless quality that deserves to be preserved, understood and appreciated.” 

Karin Melberg Schwier




SHANA'S CLEANING SERVICES

We offer cleaning schedules to meet your needs.

Contact us for a free Estimate
306-262-3262 shana@saskhomeservice.com

www.saskhomeservice.com

 Like us on Facebook! Ask us about our referral plan!

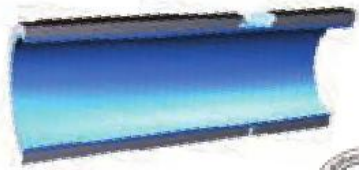
Culebra

SEWER RELINING

Renovate Your Drains in One Day









No Digging! No Mess! Less Money! Permanent Solution!

Epoxy pipe lining is a long-term solution for leaks, breaks, blockages, root intrusion, calcium build-up, water damage, mold and sewer backups.

www.culebra.ca **306-242-7686**

EXPERIENCE BUNGALOW TOWNHOME LIVING



HIGHLANDER
RIDGE

| Montgomery Place | 1033 to 1244 sq ft |
| 1 + den & 2 bedroom options | 2 bathrooms |
| single or double attached garage |
Immediate possession available

starting at

\$349,900*



306.242.2434 | northridge.sk.ca

*Price subject to change without notice

**North
Ridge**
DEVELOPMENT CORPORATION

A GUIDE TO REUPHOLSTERING

From Old to New Again



ASHLEIGH MATTERN



KARIN MELBERG SCHWIER

Bernie Baril picked up his skills as an upholsterer while he was working shifts at the chemical plant. During his days off, he took an evening upholstery class, and made

an attempt at reupholstering the family chesterfield.

"I did some for my in-laws, and a couple of friends. Then I thought, what the heck, they didn't turn out too bad!"

Decades later, he's perfected the craft and is still going strong in his retirement. He churns out work for antique dealers, businesses and individuals from his nondescript

storefront at 125 21st Street West.

He encourages do-it-yourselfers to start out on their own. If they encounter a problem, they can always ➤



Bernie Baril turned an interest in upholstery into a second career.



BUYING A NEW HOME? PROTECT YOUR INVESTMENT



Choosing a builder who belongs to the New Home Warranty Program ensures your new home is protected from problems that can occur with new buildings.

You'll be covered for*:

- Your initial deposit up to \$25,000 if the builder defaults
- Defects in workmanship or materials for the first year
- Exterior water penetration for two years
- Major structural defects for five years

Plus, you can get even more comprehensive coverage with the optional extended coverage for single family homes.

To find out more, visit our website, or contact us today.

*This is not a complete description of coverage. Contact the New Home Warranty Program of Saskatchewan for warranty details.

www.nhwp.org

#4-3012 Louise St. E, Saskatoon (306) 373-7833

ask a professional to help finish the project.

"I did it myself, so there's no reason anybody else can't do it," he said. "Though there are projects that are way more challenging than others, like the French provincial with a lot of buttons and tufting. You need experience for that."

Bernie suggests starting with a foot stool or kitchen chairs, "something that gives you the basic idea." And he says if it's your first time as an amateur upholsterer, stay away from stripes and patterns: "Stripes are always a bit of a problem because everything has to line up. The patterns you have to centre." Once off kilter, it'll never look right.

The right tools are important to the job as well. But Bernie suggests if the project is more of an experiment, you might want to see if you can borrow

the tools you need. That might be wiser than spending a lot of money on stuff you may not use a second time.

Quality Counts

One of the biggest misconceptions people have about getting their furniture professionally reupholstered is the cost, says Bernie. Fabric can run from \$10 per yard and up, with the average somewhere around \$30 to \$75 per yard, not to mention the different qualities of foam available. And that's all before you take into account the cost of having an expert tackle the job.

"People don't realize the amount of work it takes," Bernie says. "When a person brings in a chair, for instance, I have to strip it, take off all the old fabric and the foam padding, and that takes time. And that's before we ➤



Bernie works a set of maple dining chairs that once belonged to Dr. W. S. Lindsay, Dean, U of S College of Medicine, 1927-1952. The late Dr. Wensley, an OBGYN, acquired it in the 1940s; his wife sold to a new owner in 2015. "Really good furniture deserves to have a second or third life," says Bernie.

We are here to help!

- DIY INSTRUCTION - INSTALLATION SUPPLIES
- PROFESSIONAL INSTALLERS
- HUGE VARIETY OF STOCKED ITEMS

Brand name flooring
at a great value!

vinyl • hardwood
laminate • cork
tile • carpet
area rugs

CARPET Superstores™

Come visit us at 3530 Millar Avenue
(Millar, North of 60th Street)

306-653-3899

Proud supplier of:
Preverco
Hardwood Flooring





SteelMet

2 LOCATIONS:

43RD STREET E
306-931-2885

8TH STREET E
306-974-3885

www.steelmet.net

blomus®



A STEP-BY-STEP GUIDE TO DIY REUPHOLSTERING

- 1. Remove old fabric.** This is where a good staple puller comes in handy. Do not cut off fabric. You'll use it for your pattern latter.
- 2. Clean the furniture.** And make any repairs necessary, new boards, webbing, clean up the wood. If you want to refinish, now's the time.
- 3. Foam.** If you're adding foam pieces, make sure you choose the right density of foam. The seat would be heavier density than the back.
- 4. Measure and cut new fabric.** Lay the old material on top of the new and carefully trace the old pattern. Allow for the foam. If you're a novice, stick with a solid colour. Patterns and stripes can be very tricky.
- 5. Sew if you need to; use old fabric to tell you what to do.** You may have to sew piping in at this stage.
- 6. Staple on the new fabric.** Use a good industrial stapler. Normally, do the seats and the arms first, then the front of the back. Keep the fabric snug as you go.
- 7. Add finishing touches.** Add any buttons on the seat and/or back, and finish off by closing the back of the seat back.
- 8. Take your time.** Have a seat and enjoy the outcome of your labour.

BERNIE'S TIPS FOR FIRST TIMER DIYERS:

"There's a tool for everything. If you have the proper tools, it makes your job so much easier," says upholsterer Bernie Baril.

The Right Tools:

- Flat-head screwdriver or staple puller.
- Pliers.
- Hammer.
- Staple gun with staples.
- Sewing supplies.

Other tips:

- Take your time.
- Use the old fabric as a guide.
- Avoid stripes and patterns.
- Live with your mistakes.
- Try, try again.

even start!"

An upholsterer will ask to see at least a picture of the piece before giving an estimate. But even then, Bernie says the price might change once he starts stripping it down.

"Looking at a picture, you can't always tell," he says. "You might start stripping a piece of furniture, then you see, oh, there's a broken board in there. You have to replace that board. Or it's full of old nails that have to come out. That all takes time."

The amount of time it takes to complete a piece varies depending on how intricate the furniture is. Small pieces like kitchen chairs are the most cost-effective pieces to recover, but even those aren't cheap. If you're looking to save money, you might be better off buying new.

Still, many people choose to have furniture reupholstered. If the piece is well built and made of hardwood, for instance, it may be worth the price. Hardwood frames will last longer, and that durability alone may

the clean shoppe

DRYCLEANERS

The People Who CARE About The Clothes You Wear

Locally owned and operated for over 20 years, with 12 convenient drop off locations.

9 705 Central Ave 306-955-9991	230 2600 8th St E 306-374-7555	1428B 22nd St W 306-382-2797
-----------------------------------	-----------------------------------	---------------------------------

www.thecleanshoppe.ca

make the investment of refinishing worth the cost.

And a lot of the work Bernie does is for sentimental reasons: "Maybe they have an old chair that Grandma used to have, and they got rocked

in it. That means something. If you're happy with what you have, it can be recovered."

Ashleigh Mattern

No one sets the mood better than Northern Fireplace

HEAT & GLO
No one builds a better fire

Northern FIREPLACE

www.northernfireplace.com
306-244-2774

Showroom at 2206 Speers Avenue, Saskatoon

A man wearing a blue jacket and a grey beanie is crouched down, using a chisel to carve a large, vertical ice sculpture. The sculpture has a textured, crystalline appearance. In the background, there's a building and other people, suggesting an outdoor public event.

Doug Lingelbach's chisel is more like an artist's brush.



KARIN MELBERG SCHWIER



POTASHCORP WINTERSHINES

ICE SCULPTURES

Outdoor Magic

A big bird changed Peter Fogarty's life.

As a young cook at a Regina hotel over 35 years ago, Peter watched the chef, wielding a one-inch chisel, transform a block of ice into an elegant swan for the grand opening

buffet. Jaw dropped, Peter was hooked.

Now a fulltime ice manufacturer and sculptor, former chef Peter owns Fire and Ice Creations, and is the man behind PotashCorp Wintershines and Frosted Gardens

ice exhibitions. Not only does Peter 'grow' ice and supply various events, corporate functions, parties and weddings with ice sculptures, he promotes the art form, and draws renowned ice carvers from around the world here

to show off their talents.

The Never Lasting Wow

The most common question? 'How long does it last?'

"I used to struggle with that," says Peter. "People want to think of art as some-



Saskatoonian Peter Fogarty is the man behind the Wintershines and Frosted Gardens ice exhibits. Deklan & Kennedy have fun up close with these Frosted Gardens pieces.

Photo: Peter Fogarty



thing permanent. They feel the dollar spent is worthwhile if it's lasting like that painting on the wall."

He finally settled on an answer that fits.

"It lasts longer than fireworks," Peter grins. "Everyone

loves the bang, the colour, the wow factor. Then it's gone, but the memory stays with you. That's the way it is with ice sculpture. Eighteen seconds is how long most people take to experience that wow."

The fact remains, ice ➤

**WEEKENDS WERE
NOT MADE FOR
HOUSE CLEANING.**



Sharla Shaw,
OWNER

TIDYTIMESAVER

Professional Cleaning Service

www.tidytimesaver.com

**PROUDLY
SERVING REGINA,
SASKATOON AND
SURROUNDING
AREAS**

Saskatoon Office
OFFICE HOURS Mon to Fri - 9am to 5pm
TELEPHONE 306-664-0072
EMAIL info@tidytimesaver.com



melts. Inside at room temperature, a sculpture melts at about one quarter inch an hour. Most parts are at least two to five inches thick. Away from vents and fans, an indoor sculpture is still detailed for at least six to 12 hours. It diminishes proportionally, rather than the swan, say, suddenly losing its head.

Outside, the sun's ultraviolet rays can destroy ice in four to six hours, even at freezing temperatures. Wind eats away at the ice quickly so shaded and sheltered areas are best for display.

It's no coincidence Peter is a chef. Many sculptors today have a hospitality industry background; the process and outcome are similar. Chefs invest hours to prepare an exquisite meal, and soon it all becomes a pleasant memory.

Cold, Hard Physics

While Saskatonians are

Stars on ice at Wintershines, January 2015: Chad Mundell, ice mover, Saskatoon; Julio Martinez, ice carver, Mexico; Doug Lingelbach, wood/ice carver, Saskatoon; Tom Pitt, chef/ice carver, Winnipeg; Takashi Ito, chef/ice carver, Victoria; Peter Fogarty, chef/ice carver, owner of Fire & Ice Creations, Saskatoon.



Appreciative crowds watch Julio Martinez' craftsmanship at Wintershines. The largest yearly Ice and Snow event today is in Harbin, China. It's on Peter's bucket list.



pretty familiar with ice, we probably don't think too much about it other than whether it's safe to skate over, fish through or go slow on if it's black.

Water is the only natural element that can exist in three separate states: liquid, gas and solid. It's been around since the Big Bang, and craftspeople have long used its solid state for artistic expression. But ice can be persnickety. The touch of a dull or blunt tool on a delicate spot can send the molecules scattering, and the ice may crack. On the other hand, ice can be manhandled with large

chainsaws and pruning saws, manipulated and even bent.

Peter has chainsaws, drills, saws, specialty bits, arrowheads and rasps. Computer technology has revolutionized the industry for precision work, and he uses a CAD (computer-aided design) machine, and a lathe.

Not Just a Pretty Face

"Sculptures are interactive, like the pieces at winter events that people can sit on, kids climb on, put their faces in parts of it for pictures. Food is displayed and chilled on ➤

While away during the winter season, your security system can monitor for flooding, heat loss and fire, reducing insurance and loss.

Contact us today for details.



SecurTek
AUTHORIZED DEALER



Brigadier Security Systems
306-665-0401
sales@brigadiersecurity.com

Protecting lives and personal property for over 30 years.



Doug Lingelbach adds a touch of whimsy to his work.



HOME ICE ADVANTAGE

Anyone can add a touch of elegance, or whimsy, to their outdoor winter décor, and in the process generate hours of family fun. Peter Fogarty offers tips for amateur home projects.

Ice Tips

- Water expands as it freezes, so allow for extra space—about nine per cent—in your form.
- Freeze in layers for better clarity and to avoid cracks.
- For coloured ice, try non-toxic tempera finger paint instead of food colouring, which can stain. Mix a small amount with milk or gelatin to help keep colour suspended.
- Find a shady spot in your yard for your ice sculpture so it will last longer.
- Ice is heavy; a 4-litre bag equals about 10 pounds. Peter produces 300-pound blocks, but doesn't recommend that for home use! Ice can become unstable in sudden temperature change, and deteriorates in full sun. A precarious structure may pose a safety hazard for children, pets.

(Experience professional ice sculpting in 2016 at PotashCorp Wintershines at River Landing January 23–31, and Frosted Gardens behind the Bessborough Hotel, January 29–February 19.)

Tools and Materials

- 1. Sharp tools.** A sharp wood chisel works well.
- 2. Pruning saw.** For leveling, shaving and roughing up flat surfaces so they stick to each other for better grip. Use a snow and water slush for mortar.
- 3. Drills, various bits.** Drill slowly; sudden and hard pressure may break the ice.
- 4. Chainsaws.** If you're not familiar with operating, leave them to the professionals.
- 5. LED lights.** They're not hot, so they won't affect the ice. Ice grabs light so place lights at the base to reflect up through the ice for a more spectacular look. Use single lights or strings. Votive candles work, too.
- 6. Chicken wire.** Use a flexible mesh, pack snow around the shape, then spray on water. Repeat in layers.
- 7. Disposable forms.** Milk cartons, heavy bags with tight fitting caps, moulds you can tear off later.
- 8. Wooden unscrewable frame.** For larger blocks, Peter suggests no more than 6 inches thick. In a 2 X 6 frame lined with heavy plastic, water self-levels for a flat surface. Just unscrew the frame to pop out the block.



Lighting adds a dramatic flair.

it, tables, bars, bowls, plates and cups can be made out of it. Liquor luges are popular at events." People like to touch the ice, especially those who don't believe it's real.

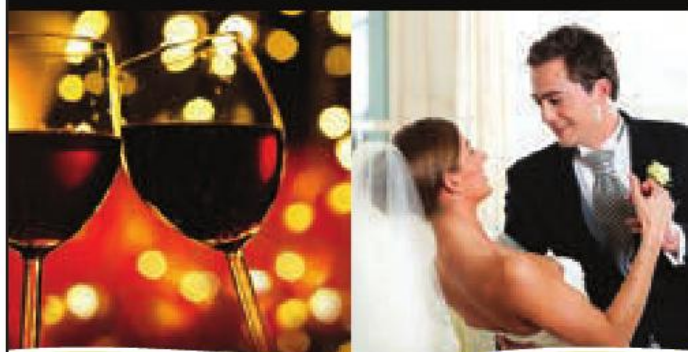
Whether he's carving in competitions, or for his clients, Peter's still fascinated by the

magical transformation.

"How long does it take to make a sculpture?" is another question I get a lot," Peter smiles. "I tell them a few hours... and 35 years of practice." 

Karin Melberg Schwier

Celebrate life here.



EVENTS THAT WOW!

the
Willows
..... more than just golf

Make it a Family Tradition...



... Fabulous Sunday Brunch 10am-2pm

*Weddings & Socials
Christmas & Holiday Parties
Corporate Meetings & Events
Banquets & Catering Services
Client & Staff Appreciations
Italian Dining in Il Salici
Daily Lounge Lunch Features*



382 CARTWRIGHT STREET SASKATOON SK

306.956.1100 www.willowsgolf.com



YOU DEPOSIT. WE MATCH. \$15,000*

THE MEADOWS
AN ARBUTUS COMMUNITY



HARVEST TOWNHOMES

MOVE-IN READY TOWNHOMES STARTING FROM \$319,900 (less \$15,000 promo)

Featuring 3 and 4 bedroom Townhomes from 1200 to 1600 sq. ft., with attached garage for up to 2 cars.

Luxury kitchens with stainless steel appliances with granite or quartz countertop included.



Sign Up Online For More Information

Showhome located at 703 Meadows Blvd

at The Meadows (end of Taylor St East)

Open Tuesday to Thursday 4 - 8 PM | Weekends & Holidays 1 - 5 PM

Or By Appointment

ARBUTUS
PROPERTIES

   **MeadowsLiving.ca**

306.291.8785

* Contact our sales team for more information. Limited time offer. Terms and conditions may apply. The Developer reserves the right to make modification and changes to the information contained herein. E&OE



INSPIRATIONAL DÉCOR

Bringing in the Wow Factor

 LILLIAN LANE

You know the feeling you get when you walk into a room and say "wow!"

Yes, we call that the wow factor with good reason. But how do you transform a room from drab to fab? Sometimes

all you need is a fresh start.

Many wow factor rooms begin with the smallest detail. These are referred to as "jumping off points" and can set the tone and mood for the entire room. They bring

inspiration, character and personality to a room design.

With this in mind we hand-picked some of Saskatoon's finest in the industry to give us some ideas. The task was simple enough. Pick a favourite

piece as your jumping off point walking into 2016, and explain how this would bring out the wow. And of course they are all available in Saskatoon.

Prepare to be inspired!





1

28 Series Lamp

"With darker nights ahead, the 28 Series lamp creates a romantic reprieve from a composed collection of inner "satellites," and an opaque milk white glass light source. 28 lends itself to infinite compositions and gradations of colour; it is warmly nestled into a flexible grey crochet memory cable intended to be coiled into a sculptural pattern to provide a cushioned surface on which the glass sits. Bocci's glass atelier thrives on bespoke work and is able to provide our clients with great versatility on custom colour compositions to match the vision and needs of a project or interior."

James Rayner
—Area

"We are strong believers that people under-decorate their homes, meaning they paint the walls, place the furniture and hang a mirror. However, one of the most important elements to completing a room is adding decor! Pillows, art and area carpets yes, but you should never stop there. We love objects ... Stacks of books, vases, sculptures and boxes. They simply pull all the colours in a room together, add sparkle and texture or remind you of a memorable vacation or experience. We love these Globo boxes by Jonathan Adler—they are unique and add a dash of retro glam!"

Curtis Elmy & Trevor Ciona
—Atmosphere Design Lounge

2

Globo Boxes by Jonathan Adler



3

Akar Table

"Living edge furniture has been a hot trend for a few seasons, and this is a fresh new take on accent pieces. Warm wood tones combined with a modern look lend itself to almost any décor. End, coffee and console tables in the Akar Collection are constructed of wood slices mounted on a metal frame to keep both the weight and cost down. These tables would be a fine addition to any home."

Jennifer Lucky
—Charter House Interiors



"Think about what you love...rooms that exude the personality of the homeowner, capture your attention and evoke a 'feeling'. With the new ION Collection of Custom Artwork pieces you can now personalize your space with artwork. Each piece can be customized in the exact colour tones to match your room. The ION collection is fabricated with a contrasting blending of burnished metal, glossy acrylics & matte textures. Think about creating a room which inspires your imagination, and makes you smile each time you walk in."

Charlene Schumacher
— Fresco Interiors

4

ION Collection Custom Artwork



5

Just Imagine Tile

"A starting point in any décor journey is to determine the look and most importantly the feel you want your space to have. Are you following the latest trends and colours? A sleek space with modern lines and bursts of colour? Or looking to create a warm, vibrant, space filled with energy and a timeless charm? Possibly a cozy hideaway that encompasses the love of family and friends..... 'Just imagine' the possibilities."

Tammy Wandzura & Deb Murdoch
— First Avenue Furnishings

6

Quartz Sculpture

"Rocks and minerals are beautiful and unique pieces that intrigued us as kids and continue to do so. Incorporating natural objects such as plants, flowers or wooden accents is a welcome way of bringing the beauty of outdoors into our homes. The raw, organic style of rocks and minerals is another element of nature we can't seem to get enough of lately. This classic black and white colour combination of this crystal rock makes any room sophisticated and stylish. Fabulous as a bookend, paperweight or a centrepiece on your table, this timeless specimen is sure to be a conversation starter."

Abigail Milne
—Gallery 17



"The Greyjoy accent table represents Metric's eclectic style by combining a classic shape with a modern finish. This table makes a fantastic starting point to incorporating warm metallics into your space. The mid 20th century inspired us with the mixing of various metallic finishes. With today's fashion and interior design industry pulling inspiration from this era, the Greyjoy is right on target for 2016. This piece mixed with other metallics can be combined with a variety of styles, whether you add it into a room with retro, traditional or rustic/industrial feel, it is sure to have maximum impact."

Tamara Bowman
—Metric Design Centre

7

Greyjoy
Accent
Table

"This piece was selected as it perfectly showcases two décor and design trends that we just can't get enough of. The first element is the matte black powder coated base which is showing up in both décor and furniture pieces. This makes incorporating the always important black into your rooms easy. The second element is the channel piping or stitching, whether it be vertical or horizontal, which makes for a more interesting look."

Tracy Bentham
—Sew and Home



8

Elena Chair from Moe's
Home Collection



9

Jasper
Bovine
in Oil

"Bright and colourful art is a fantastic jumping off point for any space. This piece not only allows you the opportunity to pull a number of colours from the painting to use throughout any room, but it is also a show stopper that will ground a room and pull your eye to it. Décor that inspires you to stop and digest it can create intrigue and conversation—both of which are a recipe for a memorable home."

Michael Leier-Berg
—SteelMet Décor

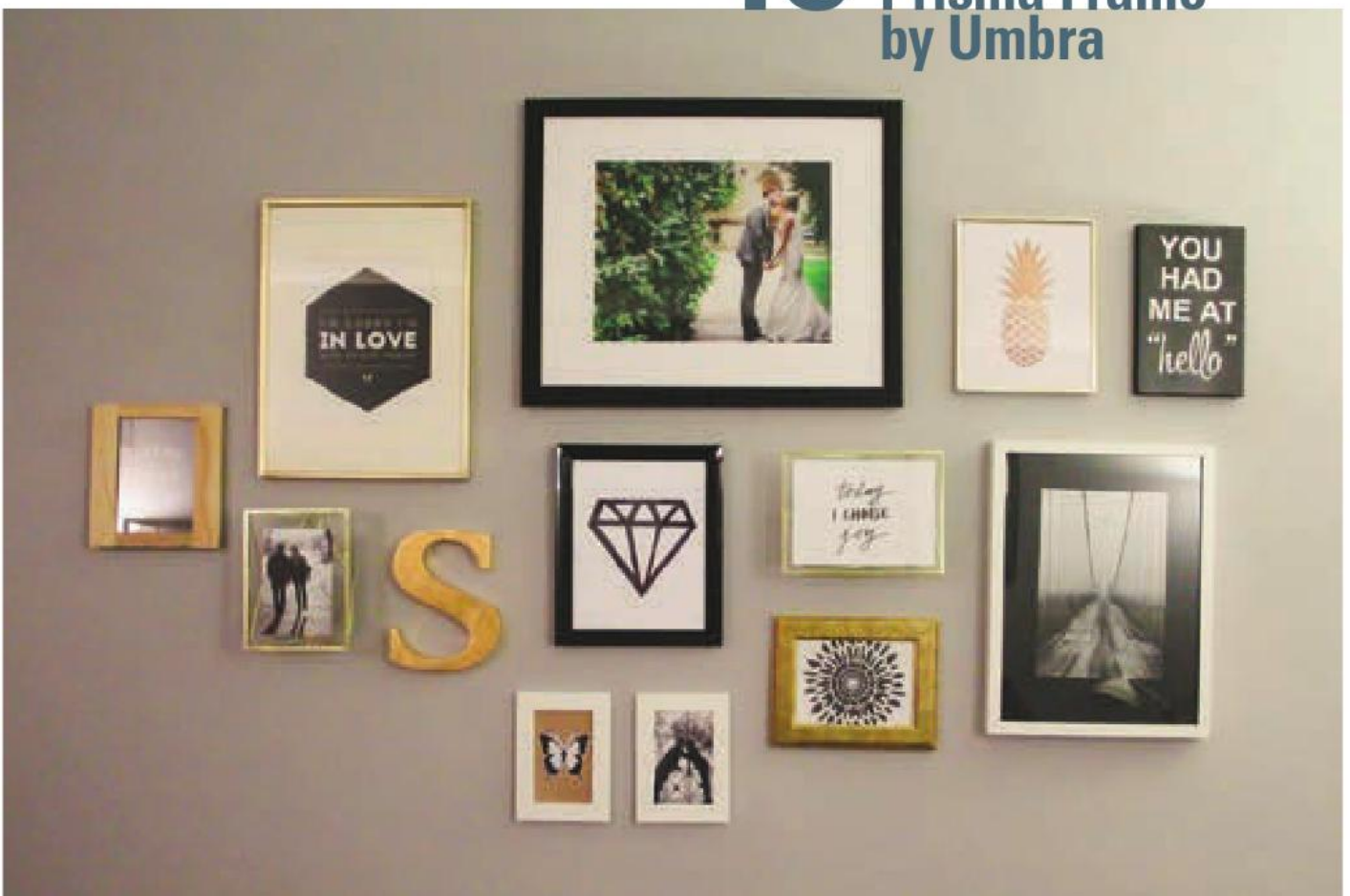
"We selected the Prisma frame by Umbra. Featured here in the Brass 5x7, this frame holds your photo between two panes of glass for a clean, modern look. Warm metals and geometric shapes have been a trend in recent seasons, and this frame adds that touch of interest that can give a plain space an extra bit of 'oomph'! Not only is the frame visually impactful, it's also functional, with the ability to sit on a desk or be hung on the wall. We could see this frame as a jumping off point for a great gallery wall, an accent for the mantel, or on a beautiful coffee table vignette. The possibilities are endless!"

Lindsey Stare
—Twisted Goods 



10

Prisma Frame by Umbra





Saskatoon's Choice for New Homebuilder,
6 YEARS IN A ROW!



Fenced and Gated Executive
Bungalow Community

#14-315 Ledingham Drive
Sat & Sun 2-5pm



ROSEWOOD BOULEVARD

Immediate Possessions
& Suite-Ready Bi-Levels

622 Rosewood Boulevard West
Mon-Thurs 7-9pm Sat & Sun 2-5pm



ROSEWOOD

PHASE 8

Lots from \$149,900

Park Backing Walkouts from \$199,000



(306) 374-3939



www.boychukhomes.com

boychuk.info@sasktel.net

Robert
(306) 260-9145



Joanne
(306) 260-3122

SURVIVING A SECOND STOREY ADDITION

An Oasis of Vertical Space



KARIN MELBERG SCHWIER



HEATHER FRITZ

It might have been when Monique came home from work to find rubble all over the kitchen with no ceiling left. Or when Monique and Len took turns on nightshifts to shopvac rainwater flooding their roofless second storey addition. Maybe when Monique tried

out her coveted clawfoot bathtub, fully clothed, and realized the plumbing was in the wrong place. Or maybe in all these and many other moments, Monique wailed, "I have destroyed our home!" But despite some bleak and soggy moments, the Brevoort

Park couple slogged through a six-month second storey addition, and ended up with beautiful results.

Dreaming Up

For multi-disciplinary artist and art educator Monique Martin, drawings of her own

home studio consumed 20 years' worth of sketchbooks. A renovation to their circa 1963, 1,150 square foot home, even a carport conversion, seemed perpetually out of reach.

Then came the economic downturn in 2008. Monique and husband LenThomas, ➤



Photo: Trint Thomas

an educational administrator, realized traditional investments made little financial sense. So what about investing in her studio space? Built right, it

would add value to the house. Not keen on a bigger footprint that would wipe out a mature yard and garden that backed onto a park, Monique simply

said, "What if we go up?"

Her right brain went to work to create a design with character, spacious enough for large projects. Nine-foot

walls and cathedral ceilings were a must. Windows large enough for good light, but discreet enough to prevent distraction were important.



Portfolio Investments
Financial Planning
Insurance Advisory Services

Appreciate Potential

M F G

Meckelborg Financial Group Ltd.

(306) 933-9993 • www.mfgltd.com

Len and Monique



Open flow to accommodate space for multiple, large-scale projects, worktables, storage and a bathroom were part of the plan.

Good to Go

Once structural engineers determined the house and foundation could handle the load of the 750 square foot addition, Monique used her 3D scale model to give the contractor a clear picture of her design.

Finding a willing contractor (the couple wanted to do the dry walling and finishing themselves) was tricky. Some quotes were unrealistic; others said the job was too small, another insisted the owners had to move out.

"We had no place to go, and I had to have a place to make art," says Monique. "I had big exhibitions going on at the time. I needed a contractor who could work around me while I was creating."

Water, Water Everywhere...

Not only was the economy in the toilet at the time, so was the weather. As the second

storey went up, the rain came down. Thunderstorms, torrential rains and high winds are not uncommon during Saskatoon summers, but they all seemed to converge that year.

It is difficult to seal off a house under construction from the elements, especially when the existing house is below the construction site.

Monique came home from school one noon hour during yet another rainstorm, and soon realized the tarps weren't serving their purpose properly, so instead of directing water away, they were creating a path for the water to flow under and in.

"When we had the walls up on the addition but no roof yet, every time it rained we took shifts every three or four hours during the night to come up to shopvac water," Monique remembers. "Our standing joke was, 'Be sure to take your cell phone in case you start drowning.'" One night, Monique was outfitted in rubber boots and raincoat at 3 a.m., vacuuming water when her cell phone buzzed. She peered at

the screen through the Ziploc bag it was in. She realized it was Disneyland in Paris, asking her to be artist in residence. "At the time I felt like saying,

"Sure! Can I come right now?"

The Blue Mushroom

"It felt like we were living under a giant blue mush- ➤

Continuous, her beehive printmaking installation, begins touring in 2016 to five different solo exhibitions in Saskatchewan, Alberta, and B.C. until 2018. The panels are 108 inches long by 27.5 inches wide. With installations of this magnitude, Monique is pleased with the workspace her new studio affords her.



room for months," Monique recalls. "One very windy day, I was working on a project and a worried neighbour called to say, 'Did you know the tarps on top of your house are just hanging on by two corners? It looks like your house is going to be lifted off the ground!'" Monique stepped outside to see an expanse of blue tarp billowing like a giant sail ready to hurl itself into the sky.

"I had visions of the tarp flying away and taking out a whole family or bringing down an aircraft." She could only wait for the wind to die down.

DIY Drama

"We have a special relationship with acoustic seal," says Monique. "Who invented that stuff anyway? I still have daymares and shiver when I think about acoustic seal. It's an amazing substance. Once it sticks, whether on the wall,

McMorrow
CONSTRUCTION LTD.
Saskatoon's renovation specialists!

EXPERIENCE & EXPERTISE

Taking the Stress out of Renovations

Don't wait until tomorrow.
Call McMorrow today!

306-244-9734

2207 1st Ave. N. Saskatoon
E: mcmorrow@sasktel.net
www.mcmorrowconstruction.ca

the floor, your face, it's there for the next decade. I am still finding it."

The contractor was only hired for the framing, siding, windows and shingles. The couple took on the rest themselves. Once the framing, insulation and vapour barrier were done, they embraced the drywall. For added drama, Monique had surgery on her thyroid and couldn't turn her head.

"So here's Len high overhead on a lift rented from Home Depot, yelling down for me to check if he's missed any spots as he's mudding. I ended up lying on my back on the floor so I could see what he was doing."

The Case of the Missing Staircase

A large closet on the main floor was the perfect spot for the staircase up to the addition. But for some unknown reason, it was the very last

thing the contractor installed.

"Why wouldn't you do that early in the project? I don't think we ever got an answer to that," Monique laughs.

"For months, the framers, the plumber, electricians, Len and I had to get up there by climbing a ladder outside and crawling through the second storey window."

A Small Kitchen Glitch

"They told me they would just build on top of the existing kitchen ceiling," Monique says. "That was great, and we were glad we could still use the kitchen. I was working on art projects in the living room, so our lives had some normalcy."

That was, until the kitchen ceiling was torn out.

"I came home from school and, surprise! They had torn the kitchen ceiling off. It was open to the sky... and it ➤

We don't know how to add a second storey to your home.

But we can make your home insurance easy.

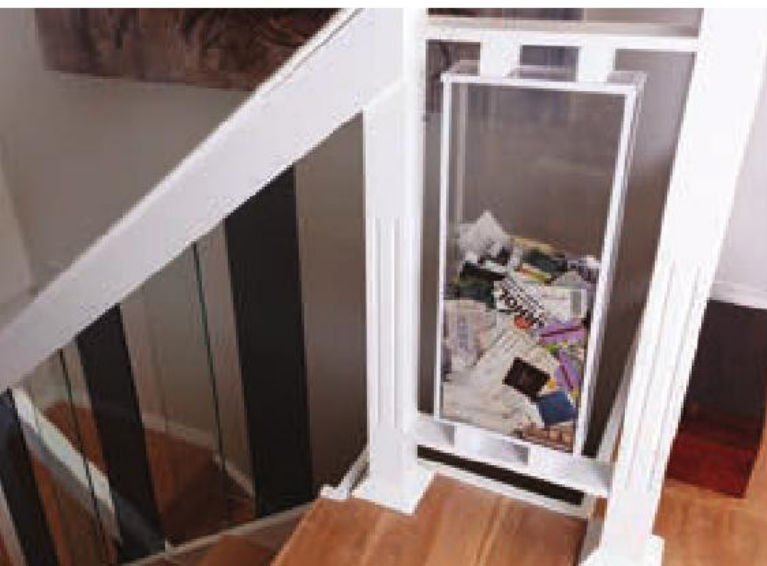
butlerbyers Insurance
Insurance Made Easy

SG
CANADA

BUILDING UP OR RENOVATING

We bring quality and a timeless style to your home.

BP Banister LTD 2941 Miners Ave 306.955.6338 bpbanister.ca



Unique and personal artifacts are displayed in clear panes lining the staircase. They include leavings from lino cuts, old paint brushes and tubes, ticket stubs, sea glass, and most recently Monique's white gloves used to plant World Friendship Tulip bulbs with the Mayor of Suncheon City, South Korea.

Photos: Trint Thomas

was raining." The crew was struggling with tarps, trying to get the area covered. And all over her previously clean and functional kitchen was construction debris and what used to be the ceiling.

"I tried to stay calm," she remembers. "I just got an umbrella, went into the kitchen and started cleaning up the piles of rubble off the appliances and countertops."

Ta Da Moments

Anyone who lives in their

home during a renovation knows that maintaining even a frayed sense of humour is essential. When fatigue and frustration set in, as they inevitably do, small victories are important.

"When we were first married," says Len, "she always kept a 'to do' list. I'd put funny stuff on it like 'hug your husband.' On this project, we tried to keep organized the same way. But it was frustrating because there was just so much to do. So I changed

it to a 'ta da' list. You had to break down this monstrosity into small jobs and celebrate each one so you could keep going."

A Dream Come True

Now that her girlhood dream has materialized, the addition feels very much like it belongs to the original house. Neighbours appreciate the seamless blend. The space, outfitted mostly with repurposed Habitat for Humanity finds, is functional, practical

and peaceful.

"I still wake up and can't quite believe it's real. Len and the kids got me a little fridge for up here because at first, I wouldn't leave," Monique remembers. "I love the space so much and I get so into creating that I forget to eat. But Len never tells me to stop, he'll just bring me food."

How do they feel now that the project is complete? You guessed it.

"Ta Da!" 

Karin Melberg Schwier

TIPS FOR LOOKING UP:

Make a scale model. Get out your Xacto knife and foam core. You'll get a good understanding of what will work aesthetically and functionally. "It's a way to talk clearly with your contractor about what you envision," says Monique.

Confirm structural integrity. A structural engineer can determine whether the walls and foundation will carry the load, and you'll need guidance on plumbing and electrical connections.

Don't be in a hurry. Get references from contractors. But while a good reference from someone is helpful, compare oranges to oranges. A vertical addition is not the same as a reno to the main floor.

Go with your gut. If you're really feeling something's not going right during construction, say so. "Some people just assume they don't know anything about construction, so they keep quiet. But if you see something that looks off, it needs to be addressed."

Keep it simple. You're adding vertical space. Think about how you're going to change light bulbs over open stairwells or clean floor to ceiling windows. Think about what you need and don't be swayed by current trends if they don't meet your needs.

Repurpose and reuse. "It feels great to give new purpose to things that were going to be thrown away," Monique adds. "We found cork flooring that cost us about \$40 and mis-tinted paint that was perfect for \$10 at the Restore." Aware that whatever they bought, including flooring, would end up covered in paint and clay, new retail purchases didn't make sense. Tile, light fixtures, worktables and counters were all Habitat finds.

(To see more of Monique Martin's work and studio space, visit www.moniqueart.com.)

HYDROPONIC GARDENING

Fresh Food in Your Home All Year Long



 JULIE BARNES

 LILLIAN LANE

If you've ever brought home a head of lettuce or bag of tomatoes from Floating Gardens at the Saskatoon Farmers' Market, you already have a good idea of the visceral pleasures of eating local, hydro-

ponically grown vegetables.

Hydroponic gardening has been growing in popularity and for good reason. Since it can be done indoors, there are no bugs, weeds or temperature swings to contend with. Once

you invest in a system and provide a little TLC, you can have fresh food on your table all year long.

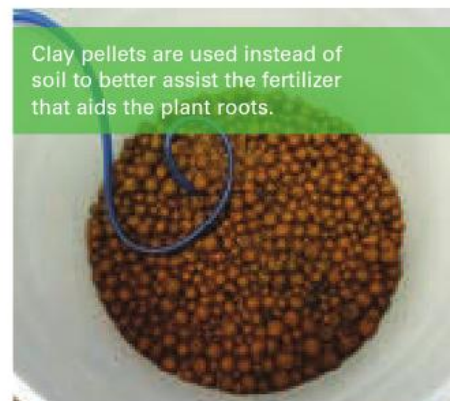
Getting Started

There are a variety of hydro-

ponic growing systems and accessories to choose from. To start, you'll need to consider your budget, what you want to grow and where you'll set up. The systems require electricity, so you'll need an ➤



This germination station rests snugly on a heating pad.



Clay pellets are used instead of soil to better assist the fertilizer that aids the plant roots.



This is
YOUR
Year

You only need one reason to change, what's yours?

f.i.t.
training and wellness

Call 306-979-0151 for a free gym tour and no pressure meeting.

#NotYourAverageGym

Matt Jodouin,
Owner

outlet nearby.

"Most people have a place in their home that grows plants well," says Tracey Grand'Maison, the co-owner of Herb-Man Hydroponics. Together with her husband Marc, she opened the Saskatoon hydroponics retail store this fall. "If you don't have that, there are lights you can buy with timers." She adds, "If you're a newbie, start with the basics. Everyone can grow tomatoes. Everyone can grow peppers."

Despite the controlled environment, not all fruits and vegetables are everbearing, and our limited winter sunlight makes a good case for grow lights if you hope to harvest year-round.

Costs

If you are planning to grow your plants from seed, as many people do, you will need a

germination station to get you started. The tray used to start seed germination sits on a heating pad to aid the sprouting stage.

If you have a sunny spot in your home and you don't need grow lights, you can start growing hydroponically for less than \$175, Tracey says. She points out a tomato pot system would be a good starting point for a novice. "This is your typical tomato pot. When it's set up, you'll have your clay pellets on top, and the water keeps circulating. There's no soil. The root system stays within the clay pellets, which hold in the nutrients in the water as it cycles," she explains.

It might be referred to as a tomato pot, but it can be used to grow other foods. "You could do peppers, chilies, peas—anything that grows onward and upward," says Tracey. There are other

Depending on whether there is enough natural sunlight in the location where you plan to set up your station, a grow light that operates on a timer may be needed.



styles of systems (with varying price points) to consider if you'd prefer to grow lettuce and other leafy greens.

More elaborate set ups include grow tents that control temperature, light and humidity (as seen on page 47). "If you want to grow something really finicky, you can use the grow tents in your basement where you actually make your own little grow chamber, so that it doesn't affect anything. Your lights and fan are in there; it can be your own little garden in a box," she says.

Time Commitment

As for the aforementioned TLC, you'll need to change the water every one to two weeks and clean the system when your crop is done. Depending on your light source, you may need to rotate your pots occasionally. "If it's just a tomato plant, the system is doing all the work," says Tracey. "You'll pick off the leaves, like Grandma or Baba taught you, pinch them back and that's it. There's not really a lot to do."

And she would know. She and Marc have grow rooms in their garage where they ➤

**Space enhancing products
for your entire home.**

CREATIVE CLOSET DESIGN
510A-51st Street E. | 306-652-8550

sustainable living | green products | kidsphere

saskatchewan
**LIVING
GREEN
EXPO**
feb 26-28, 2016

it's easy being green!

friday	5 pm - 9 pm	adults \$10 Affinity Credit Union members \$5 12 & under free
saturday	10 am - 6 pm	
sunday	12 pm - 5 pm	

PrairieLand Park | Saskatoon SK
www.sklivinggreenexpo.ca

in partnership with:

Affinity Credit Union

RECYCLE SASKATCHEWAN

CO-OP

City of Saskatoon



produce their own food. "The strawberries are amazing," she says. They've also had good luck with peppers. Though they have not tried root plants like carrots, onions or beets.

From Seeds to Harvest

Just as you would find in an outdoor garden, each fruit or vegetable has its own unique maturity cycle from planting to production. You use the same seeds in a hydroponic garden that you would in your outdoor garden, and often the days to maturity are listed on the outside of the package. Tracey notes that in some cases you will find a faster maturity cycle as you are offering your plants ideal growing conditions to help them along.

Common Mistakes

Tracey says the most common mistake people make when they get started in hydroponic gardening is over-feeding and overanalyzing. "It's a plant; it's simple. Gardens grow outside—don't overdo it," she says, adding with a laugh, "Just let it grow, let it

grow," to a tune fans of the movie *Frozen* would recognize.

Extras

In a traditional garden, plants get nutrients from the soil. Since the soil is taken out of the equation in hydroponic gardening, nutrients are added with fertilizer. Tracey explains that there are a variety of fertilizers tailored for each of the growth stages. "They're water soluble, so you mix them with your water first and then feed," she says.

When working with fertilizers, you need to monitor the quality of the water you're using. That's done with a meter pen, also known as a TDS (total dissolved solids) meter. Other hydroponic gardening accessories depend on what you're growing. For example, some plants will require netting to keep them from drooping as the fruit grows.

The Perks

When it comes to hydroponics, Tracey says, "The nice thing is you have no dirt to worry about, no bugs, weather



doesn't matter and you're in control of everything. Can you go out and buy tomatoes for less? Of course you can. But it's the flavour. When you take that taste of your first tomato, you think, 'This is the

best tomato ever!' It's a fruit of all your labour. It's something you've grown from seed, it's rewarding and it's fun." 

Julie Barnes

Kenderdine Dental



General Dentistry & Emergency Patients Welcome

OPEN 6 DAYS A WEEK

Mon-Thurs 8am–8pm

Friday 8am–4pm

Saturday 9am–4pm

**BAY 1-50 KENDERDINE ROAD
SASKATOON SK S7N 3A1**

306.978.6588





  CRAIG SILLIPHANT

HOME FOOD:

Curry from Scratch

There's nothing better on a frigid winter day than a heart-warming dish as fragrant as it is nourishing. Sure, a bowl of soup is a wonderful standby, but if you need something heartier, you can't go wrong with a good curry. It's a simple dish with a lot going on. I love

the flavours, textures and the myriad of scents in a curry. However, I had never made one before from scratch, and the versions you buy in the store are more akin to eating a jar of wet cement. So I asked Tehmina Maryam to show me how to make a proper curry.

"What do you mean by curry?" she immediately asked me.

I knew I was asking a pretty vague question. Curry can mean a lot of things, and come from a lot of countries with their own regional spin. I'm sure many new Canadians

would tell me that me asking for a curry was like asking Tehmina for a sandwich, but not specifying BLT, Cuban, or Monte Cristo. So to make things easier on my poor brain, I told Tehmina that I trusted her to bring me something she would make for her own

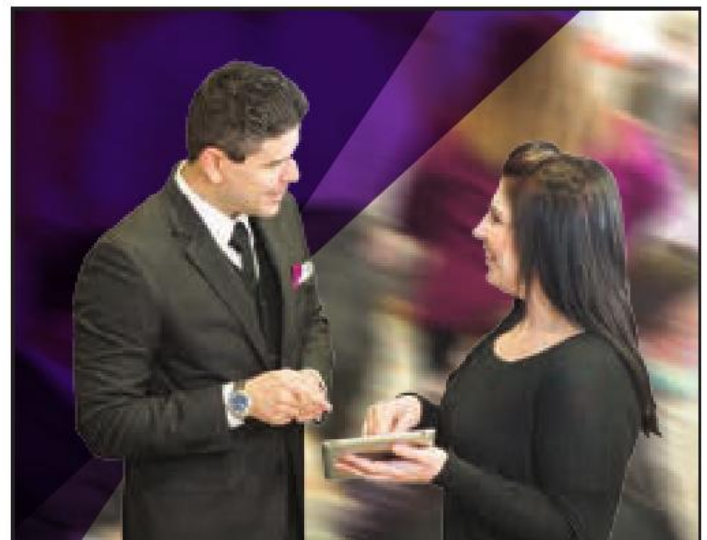


family, perhaps on a bone-chilling day in December or January.

While most Westerners would associate curry with cuisine from India, it's a dish with many permutations and places of origin. Tehmina was born in Pakistan; she and her

husband came to Canada in 1998. Her family is back in Pakistan where she originally learned how to cook these dishes.

"I saw my mom doing it, I saw my family doing it," she says. "Eventually, you try doing it yourself."



ADVANCE YOUR CAREER

Advance your career with Saskatchewan Polytechnic's flexible learning options including **evening** and **part-time classes** and **online** and **distance education**. So even with a busy schedule, and even with a family, it's easy to keep your career growing and improving.

Check out part-time learning opportunities at saskpolytech.ca/CE and find details on:

- certificate and diploma programs
- employer and industry training opportunities
- personal and professional development courses

Register today at saskpolytech.ca/CE or 1-866-467-4278.





saskpolytech.ca/CE
 1-866-467-4278



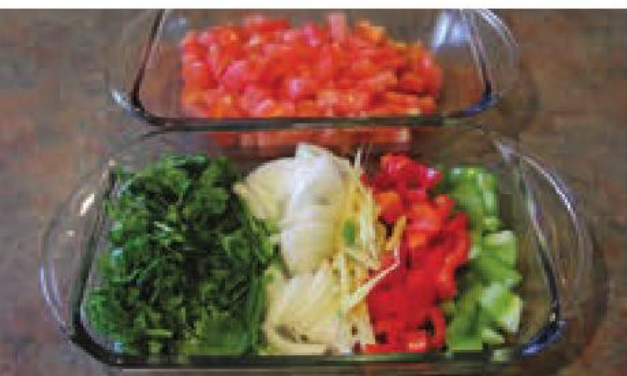
Now Tehmina is going to pass that knowledge on to little old me. She came up with two dishes to show me how to make: channa masala, a chickpea curry dish, and karahi gosht, a spice-infused meat curry. It seems daunting, but Tehmina assures me that it's not.

"It's really easy to make," says Tehmina, as she walks me through the steps. "You can see like, what did I do here? I only added four spices and a few herbs and that's it. I just use very, very basic spices. People also make it differently.

I might not make it the way my mom used to make. Whatever way is easier way for you."

Now, let's back up a second. You might be asking, what exactly is a curry? What's the difference between a curry and a masala? What's a karahi?

A masala is really a combination of spices, wet or dry. A curry is usually a dish that contains masala, though it is worth noting that the word 'curry' is more likely a British/Western term. The origin of the word is a bit of a mystery. It's usually thought to be a variation on the South ➤



Karahi Gosht, left, and Channa Masala.

Indian/Tamil word 'kari,' which means a dish eaten with rice (or sometimes it means 'sauce'). Or, the word curry can also mean 'stew' in English, so British traders may have just applied that term to dishes

they saw that resembled the stew from back home. In some places in India, curry is called curry, but it's also referred to by a variety of names in other regions. In Pakistan, the dish is almost never called 'curry.' It's

often called by regional words like salan, shorba, masala, or karahi (named for the wok-like cooking pot it is sometimes cooked in).

No matter what you call it, lesson number one is that the

spices are the key to these dishes. The main spices in a curry are turmeric, coriander and cumin. They add flavour and colour to the mix.

"I think there are healthy things, too," Tehmina tells me

Specializing in new home cabinetry and complete kitchen renovations.



Penny Lane Cabinetry & Design

WE ARE EQUIPPED TO PROVIDE ANYTHING FROM MODERN URBAN TO TRADITIONAL FACE FRAME

pennylanecabinets.ca

306-242-6882
Bay #1 301 45th St W



LEAH THE PLUMBER



Plumbing • Heating & Cooling • Gas Fitting

306 668 0307

www.leahthep plumber.com [f /LeahThePlumber](https://www.facebook.com/LeahThePlumber)



about the spices. "Turmeric is very good for your bones. People are using it for Multiple Sclerosis. There are healthy benefits to all the spices, not to mention the taste. They can also add lots of colour. Coriander or green pepper will add more colour or aroma."

The spices create a complex blend of flavours and aromas that give these dishes their personalities. Again, I don't want to scare you off; while you use the spices to make complicated flavours, making a good, homemade curry can be really easy.

With the channa masala, Tehmina has pre-soaked the chickpeas overnight. She puts them into a pressure cooker with the dry spices (see recipe) and some ginger and garlic paste. After 10 to 15 minutes in the pressure cooker, the chickpeas are nice and soft. At this point, she fries some onion in oil, and once it's golden brown, she adds it to the chickpeas, garnishing with coriander and green chillies.

Simultaneously, she is working on the karahi gosht. Once again, she has used the pressure cooker, cooking the

meat with water, onion, garlic, salt, red pepper, ground coriander and turmeric for 10 to 15 minutes. Then she fries some tomato, adding roasted and crushed coriander (roasted and crushed in advance), with cumin seeds and flaked red chili pepper. She mixes the meat into the tomato, and adds green chillies, chopped coriander, onion and ginger, simmering for a few minutes.

We serve the dishes with some naan bread and I dig in. It's funny how something can be so simple, yet so complex at the same time. The karahi gosht is colourful and amazing; the meat is tender and bursting with flavours. But my favourite is the channa masala. The chickpeas are almost melt in your mouth, and the gravy, sopped up with naan bread, has a wonderful, savory, deep essence to it. The best way I can describe it is to say that it tastes like a warm hug on a cold day. And thanks to Tehmina, I never have to taste another store-bought curry again. (H)

Craig Silliphant

KARAHI GOSHT

1 pound meat (beef)	1 tsp red pepper
1 cup of water	1 tsp turmeric
2 large tomatoes	1 tsp coriander, roasted and crushed
1 medium-sized onion	1 tsp cumin seeds
1 tsp garlic	1 tsp flaked red chilli pepper
2 tbsp ginger, julienned	2 green chilli, julienned
½ cup oil	2 tbsp green coriander, chopped
1 tsp salt	
1 tsp ground coriander	

1. Put meat, water, onion, garlic, salt, red pepper, ground coriander and turmeric into the pressure cooker and cook for 10–15 minutes or until meat is tender.
2. In a separate pan, heat ½ cup oil. Add tomatoes and fry until all the tomato juices dries. Add roasted and crushed coriander, cumin seeds and flaked red chilli paper.
3. Mix meat into tomato paste and cook until oil separates from the gravy.
4. Add green chillies, chopped coriander, onion and ginger. Cover for about five minutes.
5. Serve warm, with naan.

CHANNA MASALA

1 cup chickpeas	½ cup oil
1 tsp baking soda	2 tbsp coriander leaves, chopped
2 cups water	2 green chillies, julienned
1 tsp salt	1 tsp ginger past
1 tsp red chilli powder	1 tsp garlic
1 tsp ground coriander	1 small onion, chopped
1 tsp turmeric	
½ tsp garam masala	

1. Soak chickpeas overnight with 1 tsp of baking soda, in water.
2. Drain water from chickpeas. Put into a pressure cooker with two cups of water, and add all dry spices, along with ginger and garlic paste.
3. Cook for 10–15 mins, or until chickpeas are soft.
4. Drain excess water from chickpeas until it gets to desirable consistency.
5. Fry onion in oil until golden brown, then add to chickpeas.
6. Garnish with coriander and green chillies, and serve.

HOMEtown Reflections

 JEFF O'BRIEN

TV COMES TO SASKATOON



Helen Hayes Lumby on the set of *Miss Helen's Kindergarten*, ca. 1958.

Photo: Local History Room – Saskatoon Public Library - QC-851-1

Believe it or not, there was a time before television. It's hard to imagine that today, in the age of Netflix and smartphones, when even the idea of TV in the traditional sense has become slightly quaint. But yes, there was a time when TV was new, here in Saskatoon.

The first televisions were mechanical. Images were projected onto a spinning disk with holes arranged in a spiral

the screens were tiny. But it worked. The first broadcast of a recognizable moving image took place in Great Britain in 1926, and the first television station in the world began broadcasting on January 13, 1928 in Schenectady, New York.

The earliest TV stations were largely experimental. Regular public broadcasting didn't begin until 1936 in Great Britain and 1941 in the US, with

By the end of the decade there were more homes in the province with television than with indoor plumbing.

pattern that converted them into electrical pulses, which were turned back into pictures by a receiver using another disk, spinning in precise synchronization with the first. The picture was terrible and

the rest of the world holding off until the 1950s. In Canada, the earliest TV broadcast may have actually occurred right here in Saskatoon, in 1929 (or 1931; sources vary) when a local electrical engineer ➤

A.A. Murphy first brought radio to Saskatoon in 1923. CFQC would later become the city's first TV station.

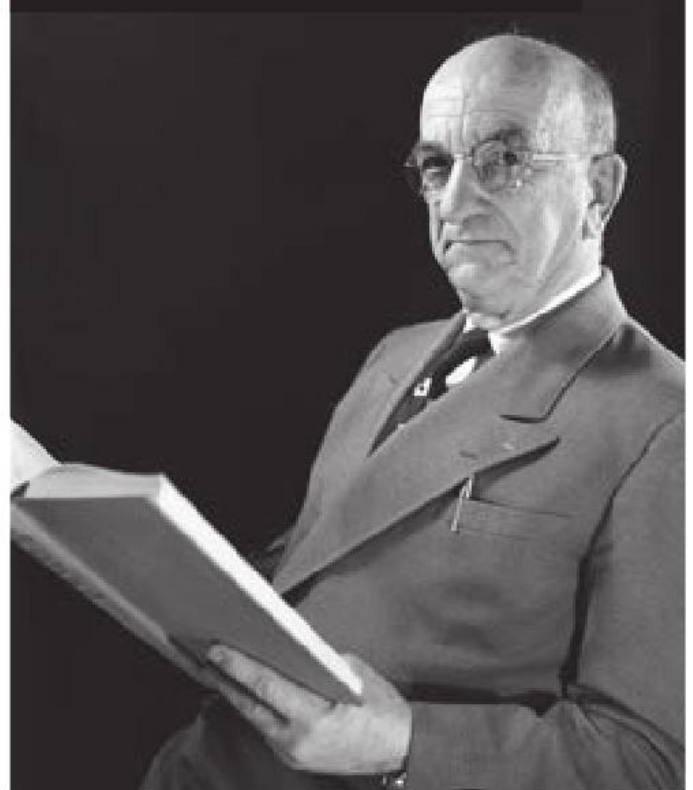


Photo: Local History Room – Saskatoon Public Library - QC-757-3

Stay Warm Without Burning Through Your Budget.

ENERGY STAR®
QUALIFIED
EFFICIENCIES





turn to the experts
www.carrier.ca

MAXIMIZE
YOUR
COMFORT

With smart temperature management and remote-access options, new technology from Carrier makes it easier than ever to control your home's climate. Carrier's energy-efficient systems can help reduce utility bills without sacrificing comfort. For more complete control and greater peace of mind, turn to the experts at Carrier.

To find the system that's right for you, contact your local Carrier® dealer.

named Sigurd Sanda successfully transmitted a signal from the Zenith Café on 2nd Avenue to a receiver in his lab a couple blocks away.

By the 1930s and '40s, mechanical televisions had been replaced by much-improved (albeit still primitive) electronic ones. But there wasn't much TV to watch in those days and not very many people watching it. That changed dramatically after the Second World War. By

1951, there were 10,000,000 TVs in the US, up from a few thousand in 1945. Canada had about 50,000 TV sets in 1951, up from just a few hundred a couple of years earlier. But with no Canadian stations, the only people watching TV in Canada were the ones living close to the US border, mostly in southern Ontario. Places like Saskatchewan were out of luck.

Television officially came to Canada in 1952. Initially, TV

stations were either owned by the CBC, or, in smaller markets like Saskatoon, were privately owned CBC affiliates. In this way, the federal government was hoping to avoid a repeat of the early days of radio, when Canadian airwaves had quickly become dominated by private stations playing exclusively American programming and commercial advertising. In 1958, the rules were relaxed to allow private stations and in 1961, CTV became our first

privately owned network.

In the summer of 1954, the Star Phoenix and the city's two radio stations, CFQC and CKOM, all applied for TV station licenses. CFQC's bid was successful. Were we excited? You better believe it. In the six months it took to get the station up and running, people in Saskatoon bought 3,000 TV sets, every single one of which would have been tuned into that first broadcast on December 5, of the 1954

Vladimir Zworykin demonstrates his kinescope, an early mechanical television, in 1929.



Photo: courtesy the Smithsonian Institution

Grey Cup game.

If you were buying a TV in Saskatoon in 1954, you could expect to pay at least \$200, with deluxe sets costing \$700 or more. This was a substantial amount of money in a time when minimum wage was 25 cents per hour, and a modern, two bedroom bungalow in Nutana listed for around \$7,500. Low-end jobs like waitress or stock clerk typically paid less than \$30 for a 44-hour work week. High-skilled jobs paid better, of course, but no matter who you were, the cost of a new TV was still going to put a sizable dent in the pocketbook. But we bought them anyway. Between 1955-1959, people in Saskatchewan bought 110,000 TVs. By the end of the decade there were more homes in the province with television than with indoor plumbing.

During the 1950s and 60s, affiliates like CFQC got most of their programming from the CBC network, which included made-in-Canada offerings like *The Plouffe Family* and *Country Hoedown*, as well as the best that the American networks had to offer, including shows like *Walt Disney*, *Gunsmoke* and *Car 54 Where Are You?* Empty time slots could be filled with local programming or by whatever other shows the affiliate station cared to purchase, with the result that viewers here got some of the very best television available. And with only one channel, you never had to worry about missing anything.

Local productions were an important part of the television lineup. In Saskatoon, shows like *Smokey's Cabin*, *Kids Bids*, *Sally Time*—a popular interview program hosted by Sally Merchant—and *Teens on TV*, which featured local bands and young people ➤



Sigurd Sanda, an early television pioneer in Saskatoon.

Photo: Local History Room – Saskatoon Public Library - PH-93-83-1

Advocates of television felt it could help bring families together.



Photo: Evert F. Baumgardner – US National Archives and Records Administration

dancing to pop music, were very popular.

Unlike Regina, Saskatoon made do with only a single TV station until 1971 when, after nearly 10 years of increasingly vocal lobbying, CBKST, a fully-owned CBC station, finally opened. This paved the way for CFQC to make the jump to CTV. We got our third local TV station, STV, on September 6, 1987. A member of the Canwest group, the STV name was dropped in 1997 and today we know it simply as Global. Readers of a certain age will of course remember STV's very popular children's series *Size Small* starring Helen Lumby. Readers of a certain different age may also remember Helen as the host of CFQC's award-winning *Miss*

Interior furnishings in the 1955 Exhibition Dream Home.



Photo: Local History Room – Saskatoon Public Library - B-8885

Custom Framing for Custom People.




306-373-6777

Located in the Grosvenor Park Centre - #46-2105 8th Street E.

Visit www.saskatoon.framingartcentre.com
for tips on arranging your art and décor pieces.

Helen's Kindergarten which ran from 1956-1962.

In 1978, cable TV came to Saskatoon, piped in from stations in North Dakota. While it was nice to have a couple extra channels to choose from, the experience was generally underwhelming, and when permission was granted in 1984 to switch to stations broadcasting from Detroit, we gratefully seized the opportunity. About the same time, Saskatoon got two short-lived, local pay-tv networks: the Cooperative Programming Network and

Teletheatre, which were the first to offer specialty channels such as Home Box Office here.

In 1990, funding cuts at the CBC forced it to lay off staff and cancel the Saskatoon evening news broadcast. On July 31, 2012, the station we'd fought so hard to get closed for good. CBC programming in Saskatoon nowadays all comes from Regina.

Television changed everything. When you could have free entertainment simply by flicking a switch, why bother leaving the house? Television became our single most ➤

OVER 100 YEARS OF
Luxury Dry Cleaning



100+ YEARS
1913-2015




garments • drapery • bedding
alterations & repairs
wedding gown preservation
superb customer service
attention to fine details

Arthur Rose Fabricare & Fine Dry Cleaning
321 4th Avenue North Saskatoon
306.652.3344

Young people dance for the cameras on CFQC's *Teens on TV*, ca. 1960.



Photo: Local History Room – Saskatoon Public Library - QC-1669-4



CADvantage
DESIGN LTD.

Professional residential design / drafting

RESIDENTIAL DESIGN & DRAFTING SERVICES

- » Custom Home Design
- » Additions & Renovations
- » Light Commercial
- » Award Winning Service



Member of:



Phone: (306) 373-3805

#110 - 4002 Arthur Rose Ave, Saskatoon

www.cadvantagedesign.com





common activity, just behind working and sleeping. Attendance plummeted at movie theatres (as did the number of theatres) and at local sporting events. The phrase “couch potato” was invented. Radio stations moved to all-music formats to retain their audiences, and even the newspapers changed the way they reported the news. Today, with hundreds of channels to choose from, TV is even more pervasive. But thanks to the Internet, television as we know it is changing again.

TV has always been local; local stations with local studios, broadcasting a mix of local and national programming to a local viewing audience, using recognizably local on-air personalities. But can local TV survive in the Age of Netflix, when the entire universe of news and enter-

tainment can be accessed with a few taps on a keyboard? Nostradamus notwithstanding, predicting the future is never easy. But TV has had to adapt to change many times before, and it seems likely that in the future, cities like Saskatoon will continue to have access to quality local news and programming, created by people who live here, for people who live here. 📺

Jeff O'Brien

(With information from
Bonnie Wagner Dahl.)



COLOUR 101

How to Pick the Perfect Paint Colour

 JULIE BARNES

Picking paint colours for your home might just be one of the most challenging décor decisions, thanks to the veritable rainbow of hues from which to choose. But if you keep a few guidelines in mind, it doesn't have to be difficult.

"Sometimes people find paint really scary," says Pamela Christie, a certified interior decorator and owner of Laurexa Design. "I always say it's like a new haircut—you have to give it time to grow on you." The colour connoisseur

was happy to share a few of her paint selection do's and don'ts with *Saskatoon HOME*.

The Do's

If you don't know where to begin, Pamela says a good place to start is to pick an

existing colour in your home to use as a jump off point. "I always strongly recommend staying neutral with the main house colour so it's a back-drop," she says. Then you can pull colour from a rug, a piece or art or another ➤

accessory to use as an accent. If you're lacking a reference point, Pamela recommends "picking a colour that moves you, not necessarily what's trendy."

And if you're still not sure? Consult the colour wheel. "It tells you how colours talk to each other," says Pamela. "The colours that sit beside each other work well together. The colours opposite each other—also known as complementary—intensify each other when used together." She explains that red and green are complementary. "I'd call that an active colour scheme. It's something I wouldn't recommend throughout your house unless Santa is coming," she says with a laugh.

Let's say you have a blue rug you're using as your jump off point, and you want to paint your walls blue as well. The colour wheel comes in



handy here too. It tells you the shades, tints and tones of that colour (the result from adding black, white or grey).

Painting your walls a different shade, tint or tone of the rug colour will look harmonious.

Once you have a colour in

mind, it's time to head to the paint store. Having a general idea of the colour you want will prevent you from feeling

styles that inspire

Mirabelle



Kitchen & Bath
CLASSICS

Visit our showroom today!

649 - 51 Street East
Saskatoon, SK • S7K 7J7
T: 306 933 2237
Mon - Fri: 9:00am - 5:30pm
Sat: 10:00am - 4:00pm

kitchenandbathclassics.com



Monochromatic colour selections.



Analogous colour scheme.

overwhelmed by the endless array of paint swatches on offer. Select your swatches and bring them home with you. You're not yet ready to commit to a gallon of paint. Companies like Benjamin Moore have extra large paint chips (18" x 18") you can purchase for a few dollars each.

Pamela says it's important to bring the chips home because

"the lighting in the paint store is not the lighting in your house." She says you need to observe the way the colour interacts with existing colours in the home, how sunlight and artificial lighting affects it, and if there are any unappealing undertones.

The Don'ts

"Don't forget that ➤



Saskatoon Custom Garage Interiors Inc.

Polyaspartic Flooring

- perfect for both commercial and residential applications
- not just a coating, penetrates into concrete

Cabinets By Hayley

- 16 gauge steel construction
- proudly 100% Canadian made
- textured powder coated paint
- full extension drawers

Saskatoon Custom Garage Cabinets

- 3/4" plywood cabinets
- proudly 100% Sask. made

Storage Solutions

- HandiWalland accessories
- Hylot overhead storage racks




3122 A Millar Ave. 306-933-4320
www.customgarages.ca

NOW OFFERING
DECORATIVE EPOXY FLOORING

The Urban Wall interiors

painting • plaster • faux • epoxy floors

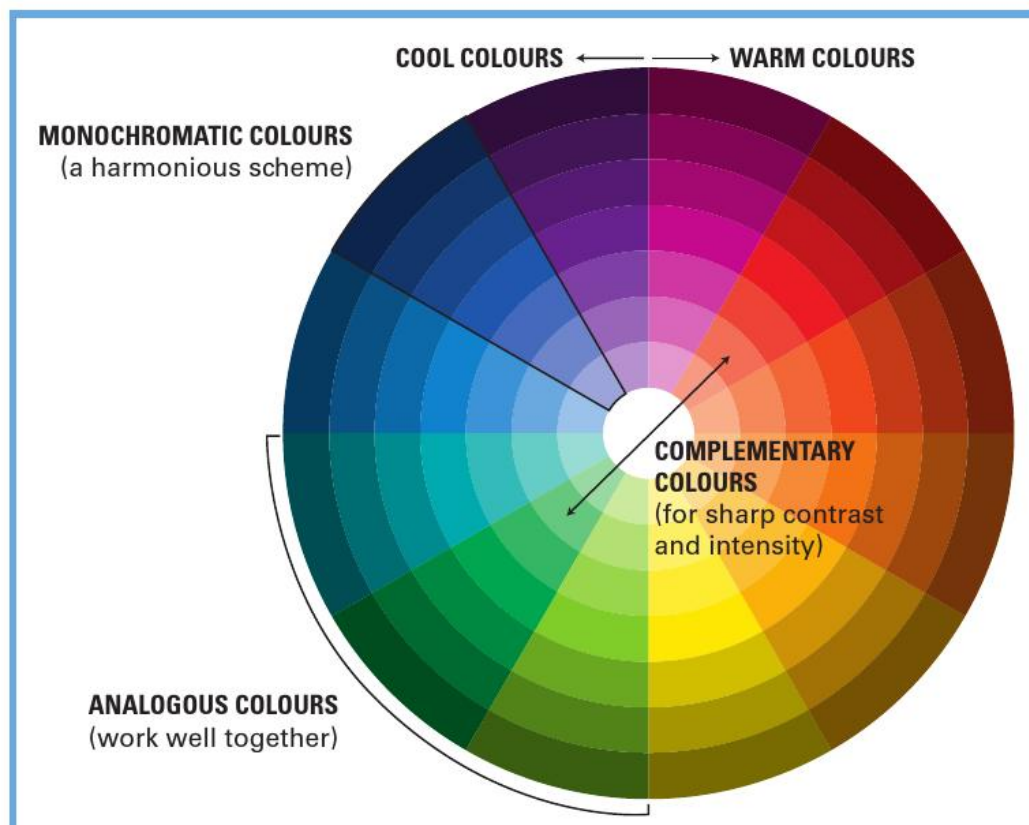


306-291-4762

Distinctive, elegant, custom finishes and
interior painting for your home or workplace.

Call Leanne for a free consultation & estimate.

www.theurbanwall.ca



OUR FRIEND THE COLOUR WHEEL

The colour wheel illustrates the relationship between colours. In this example, the cool colours are on the left, while the warm colours are on the right.

Analogous Colours

One trick to finding colours that will look great together is to choose three analogous colours. These are groupings of three colours that sit next to each other on the wheel. They look best when they include just warm, or just cool colours.

Complementary Colours

These are found opposite one another on the wheel, such as yellow and violet. Don't let the word confuse you—complementary colours actually provide the sharpest contrast and intensify each colour when used together.

Monochromatic Colours

A monochromatic colour scheme includes tints, tones and shades of a single hue (the results of adding white, grey or black). Monochromatic colours are found on the "spokes" of the wheel and will look harmonious together.

colour doesn't just affect the mood of a room, it can also affect the perspective and scale of a room," says Pamela. Cool colours will make a room look larger and recede, while deep, warm colours will make a room advance and give the space an intimate feel.

Pamela adds another no-no: "Don't cut up your space with paint. This will stop the eye and make your space feel smaller," she says. "If you're painting two or more spaces that are open to each other, use the main house colour, and then a slightly lighter or darker shade of the same colour on the same swatch."

Using those same guidelines, Pamela says, "Don't be afraid to use paint as an architectural feature." She recommends finding a paint chip that mirrors the main house colour, and selecting a colour two levels down the chip to use on an architectural detail like a fireplace, or on a feature wall.

And the most important tip? "Don't forget some rules are meant to be broken," she says, adding that a great place for rule breaking is in a room that can be closed off. Whether you're yearning for a magenta master bedroom or you have a child who wants a purple playroom, go for it. After all, it's just paint. And you can close the door. 

Julie Barnes



20%
off paint

with presentation of this ad.
Expires Feb 29, 2016.

We specialize in creating spaces you'll love to come home to!

- Interior/Exterior Paint & Stain Selection
- Wallpaper
- Custom Drapery
- Upholstery Fabrics
- Consultations
- Hunter Douglas Window Treatments (Now Available with PowerView Motorization)
- Space Planning
- Interior Decorating

Days Paints & Design | 701 2nd Ave N. | Saskatoon, SK S7K 2C9 | 306.665.6366 | www.dayspaints.com



Beautiful floors. Naturally.

CARPET • HARDWOOD • LAMINATE • VINYL • TILE • CORK • LUXURY VINYL TILE & PLANK



WESTERN  **CARPET ONE** FLOOR & HOME

Beautiful. Made Affordable.™

610 CYNTHIA STREET • SASKATOON, SK S7L 6A2 • 306-665-6640
westerncarpetonesaskatoon.com

© 2015 CARPETONE FLOOR & HOME. ALL RIGHTS RESERVED.

Solar Gardens

The Living Art Company

Home of The Firestick Cafe

INTRODUCING OUR NEW 'take me to the church' DINING HALL & GAMES ROOM

NOW EXCLUSIVELY AVAILABLE TO YOU WHEN YOU
BOOK A PRIVATE EVENT AT SOLAR GARDENS

S₁ O₁ L₁ A₁ R₁ G₂ A₁ R₁ D₂ E₁ N₁ S₁ . C₃ A₁

Now booking 2015 Christmas parties, classes, concerts
& 2016 Winter classes, parties and events